

Trevors Quote of the Week

“Proper Preparation Prevents Poor Performance.”



TREVOR WILLIAMS
BASKETBALL
A C A D E M Y

August 4 - August 8



Trevor's Week

For the last week of camp, we asked Coach Trevor, some questions reflecting on the past seven weeks. We started off by asking him what he's enjoyed the most or what had been his proudest moment from this summer. He told us that he particularly enjoyed watching the younger campers at Dawson (the NIT division) improve and move up to NCAA. However, Trevor says that watching the improvement of all the campers as a whole makes him extremely proud. We then asked him how else he measures development outside of technical skills in campers. He explains that he mostly measures development based on the amount of energy a player puts into their gameplay. If there is a certain type and amount of this energy, Trevor remarks that it then goes into the basketball. Next, we asked Coach Trevor what he hopes the campers carry with them once camp ends. He tells us that he mainly hopes the players carry a joyful demeanor out there in the world. Finally, we asked him if there is anything that he learned anything about himself or his coaching during this summer at camp. Trevor says that he has learned the importance of living in the moment and constantly keeping an open mind about the world and those in it.

Coach Corner

At Dorval Elementary, Head Coach Wayne reflected on the final stretch of camp. What stands out to him most, like many coaches, is the steady growth he has witnessed.

Watching the campers continuously evolve, on and off the court, makes the summer meaningful. For Wayne, progress is not only about basketball skills. He pays close attention to maturity: how the campers perceive challenges, how they focus, how much responsibility they take on without counsellor guidance. These subtle changes often reveal more about development than technical skills can. Rather than pointing to a single breakthrough moment, Coach Wayne described the summer as a continuous process. Since he is at a very new location, he has been with mainly the same campers for all seven weeks in a relatively small group. This summer, he has seen these specific campers learning and absorbing what he has been telling them. This transformation has directly reassured Coach Wayne that he is doing something right with his coaching. He also hopes the campers leave with something bigger than basketball: an appreciation for teaching. Wayne wants them to recognize how demanding it can be, and to remain “coachable”. Be open to learn, to absorb, to ask questions, and to be aware of when they need help. Looking back on his numerous years of growth, Wayne emphasized the importance of patience. Coaching this summer has shown him just how much patience he has, while also reminding him that his passion for teaching has stayed strong after all these years. As he summed up this summer, Coach Wayne remarked that it seemed to fly by due to how busy the camp was and, in his opinion, this is a very good sign about his experience this summer and the future of the camp.



Wayne

Coach Corner



James

At the ECS location this week, Dean has returned to Mount Bruno and we first interviewed Head Coach James about the end of camp. We begin by asking him what he has most enjoyed or what he has been the most proud of this summer. He told

us that he loves watching the campers that have been here since Week 1 improve. This improvement is not only on the court through their basketball skills but also as kids; getting to see them come out of their shell throughout the summer. James explained that an excellent way to measure development, other than through technical skill, is through confidence levels. Having confidence in themselves and confidence to try new things demonstrates major development. James told us that he really hopes the campers remember to apply everything they have learned from camp. He hopes that they put proper footwork, pivoting, passing and form shooting into their gameplay even as they move on to different things. Afterwards, we asked him if there was anything that he learned about himself or coaching through camp this summer. Coach James explained that this summer at camp has taught him more about leadership, as well as the importance of organization and communication. These lessons are not only with the coaches but with the campers as well. Finally, we asked Coach James for a quote to end the summer. "Just have fun" -Coach James.

Coach Corner

Second at ECS, we also interviewed Head Coach KJ in Coach Dean's stead. We started off with what Coach KJ has most enjoyed or what he has been the most proud of from this summer at camp. He said that he has simply loved the personalities that have walked into the gym this year. He told us that every camper has a very different, very interesting, personality and that it keeps the job entertaining. Next, we inquired about how he personally measures development among campers, outside of technical skills. KJ observes that he looks at body language and participation in campers. According to him, a lot of campers first come to camp very shy and closed off, but he considers it a considerable development if those same campers leave more open and ready to interact with others. When asked if there was a moment this summer where he saw his coaching really click with a player or a coach, he told us a story about one of his campers. This camper had repeatedly been disappointed about not getting awards that they were hoping for. After work with Coach KJ, he was able to get this camper to start identifying little victories that helped make their weeks more enjoyable, rather than being defined by the "bigger" physical awards at the end of the week. We then wondered if there was anything he learned about himself or coaching through his position at the camp. He has learned that he simply loves teaching and that all the campers that he has worked with have made him do a lot of soul searching. Finally, he gave us a quote to finish off the summer: "The harder you work, the easier it gets."



KJ

Coach Corner



Andel

At the Sunshine Academy location, Head Coach Andel is interviewed one last time before the camp ends. He began by sharing that the growth of the campers and the development of their gameplay has made him most proud this summer. When prompted about

other ways he measures progress beyond technical basketball skills, he highlighted engagement. Some campers start off reluctant to play basketball; not wanting to come to camp. Yet, those same campers often leave camp with a true love for the game and even want to stay at camp when their parents come to pick them up! This is an indication of growth in terms of confidence, they develop skills that they did not have previously and this is one of the reasons they enjoy the camp itself and the game more. When reflecting on moments where his coaching style truly connected with the campers, Andel recalled an experience from the day before. Sunshine Academy had merged with another camp at the same school for the day. He witnessed his campers finally applying everything he had been working to instill in them. Reflecting on his own development as a coach through his many years working at the camp and with Trevor, Andel noted that he has learned how much of an impact he and all other coaches can have on every single camper. This awareness led to him trying his absolute best to use this impact in the most positive of ways and try to make even just one of the campers' days better. Finally, we asked for one more quote to finish off the summer. "Rest at the end, not in the middle" -Coach Andel.

Our Team

Dawson College

Age: 15 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for around 10 years and he's been coming to camp his whole life.

What are you looking forward to this week?:

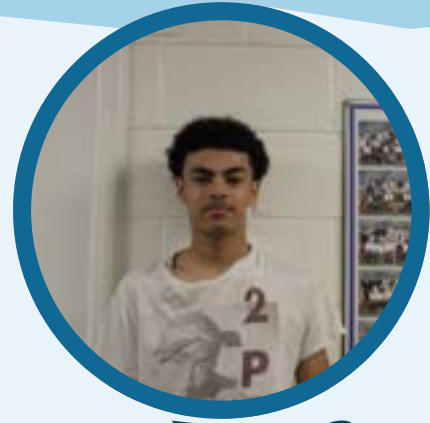
He's looking forward to Friday, since every week at the Dawson College location, not only are there the championship games but there's also the staff game where the staff plays against the campers.

Do you have a role model?:

His role model is his dad, Coach Wayne.

If you had to play 1v1 against a coach and win, who would it be?:

He'd want to win against Coach Tbois.



Lucas

DeShon

Age: 13 years old

Are you part of a school team or do you play basketball outside of TWBA?:

He plays for the Selwyn House basketball team and he also plays for the LaSalle Leaders.

What is your favourite thing about camp?

He loves the fact that he gets to improve his skills in a place where he feels he's allowed to be friends with the coaches, the people you are learning from.

What have you learned in basketball that you can use in your future?:

He's learned the importance of perseverance.



Age: 15 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for around 9 or 10 years and this is his first year at camp.

What is your favourite thing about camp?:

He loves that he gets to meet new people/make new friends and work on his skills.

What have you learned in basketball that you can use in your future?:

He's gained good confidence and the importance of a good work ethic.

If you had to play 1v1 against a coach and win, who would it be?:

He'd want to win against Coach Sam.



Drexell

Our Team

Dawson College

Age: 12 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around 7 years and this is his first time at camp.

What is your favourite position to play/what position do you play?:

He normally plays his favourite position: Point Guard.

What have you learned in basketball that you can use in your future?:

He's learned how to use his voice/the importance of communication.

Do you have a role model?:

His role model is his dad.

If you had to play 1v1 against a coach and win, who would it be?:

He'd want to win against Coach Darius.



Prince

Justine



Age: 19 years old

What school are you going to and in what program?:

She goes to Dawson College and she's in Health Sciences.

How long have you been playing basketball?:

She's been playing basketball for around 9 or 10 years.

What has been your favourite memory or experience in basketball?:

Her favourite memory was when she was in Secondary 5 and her high school basketball team won in a tournament against all other Quebec high schools.

What is your favourite thing about being a counsellor?:

She loves having the opportunity to share her knowledge, basketball-related or not, with the campers.

Do you have any advice for the campers?:

Coach Justine wants to remind the campers that, even if you are already an experienced player with some developed skills, there's always a chance to improve.



Our Team

ees

Yewel

Age: 10 years old

How long have you been playing basketball/coming to camp?:
He's been playing basketball for around 4 years and this is his second year at camp.

What have you learned in basketball that you can use in your future?:

"Don't keep yourself down, or else you'll never make it."

Do you have a role model?:

His role model is his dad.

If you had to play 1v1 against a coach and win, who would it be?:
He'd want to win against Coach Kendal.



Age: 8 years old

How long have you been playing basketball/coming to camp?:

She's been playing basketball for around 1 full year and this is her second year at the camp.

Are you part of a school team or do you play basketball outside of TWBA?:

She plays in her free time with her family.

What is your favourite thing about camp?:

Her favourite things about camp are making new friends and the games.

If you had to play 1v1 against a coach and win, who would it be?:

She'd want to win against Coach Zoe.



Uebi

Age: 7 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around a year and this is his second year at camp.

Are you part of a school team or do you play basketball outside of TWBA?:

He plays in his free time with his friends and/or family.

If you had to play 1v1 against a coach, who would it be?:

He'd want to win against Coach Alex.



Isaac

Age: 19 years old

What school do you go to and in what program?:

She goes to Dawson College and she's in the Psychology program.

What is your favourite thing about being a counsellor?:

She simply loves seeing the impact that this camp has had on years of campers. Not only on their basketball skills but also on their personalities and their relationships with the staff.

Do you have any advice for the campers?:

"Don't lose your confidence in basketball." You can always get better at the sport, even if you're not yet at the skill level you wish, you can get there.



Erica

Our Team

Mount Bruno

Skailah

Age: 10 years old

How long have you been playing basketball/coming to camp?:
She's been playing for the same amount that she's been coming to camp: 7 weeks.

What are you looking forward to this week?:
She's really looking forward to the games.

What's your favourite thing about camp?:
Her favourite things are that she gets to play basketball and have fun.

Do you know what you want to be when you grow up?:
She wants to be a singer.

Do you have a role model?:
Her role models are her cousins.

If you had to play 1v1 against a coach and win, who would it be?:
She's want to play against Coach Elijah



Age: 12 years old

What's is your favourite position to play?:
Her favourite is Point Guard.

What are you looking forward to this week?:
She's looking forward to the competitions.

What is your favourite thing about camp?:
She loves been able to play with her friends all day.

What have you learned in basketball that you can use in your future?:

She's learned the importance of good sportsmanship.

If you had to play 1v1 against a coach and win, who would it be?:
She'd want to win against Coach Dean.



Victoria

Age: 12 years old

What are you looking forward to this week?:
She's really looking forward to the competitions.

What is you favourite thing about camp?:
She also enjoys spending time and playing with her friends.

What have you learned in basketball that you can use in your future?:
She's learned proper team work and its importance.

Do you know what you want to be when you grow up?:
She wants to be a doctor.

Do you have a role model?:
Her role model is Caitlin Clark.

If you had to 1v1 against a coach and win, who would it be?:
She'd want to win against Coach Zoe.



Ava

Our Team

Mount Bruno Chrystal

Age: 39 years old

How long have you been playing basketball?:

She's been playing since the beginning of high school.

Did you attend the camp or how did you get involved?:

She got involved because her kids starting playing with Bluehounds last year.

What is your favourite thing about being a counsellor?:

She absolutely loves seeing the campers faces light up when they learn a new skill or succeed in a drill.

Do you have any advice for the campers?:

Coach Chrystal wants to tell the campers to keep your heads up. Even if you don't succeed at something on the first try, keep smiling and putting in your best effort.



Age: 21 years old

What school do you go to and in what program?:

She goes to Concordia University and she'll be entering her third year in the Athletic Therapy program this fall.

Did you attend the camp or how did you get involved?:

She heard about the opportunity to work with the TWBA through her program at Concordia and thought it would be a great hands-on experience working with athletes.

What's your favourite thing about being a part of this camp?:

She loves how energetic and passion everyone is. Even is she isn't a basketball player herself, she still feels as if she's a part of the team and she sees it as a rewarding experience to work and support the campers in a different way.

Do you have any advice for the campers?:

Always do the warm up properly, it helps prevent injuries and gets your body ready to play. Don't skip stretching after games or workouts, it helps with recovery and keeps your muscles feeling good.



Kaylinda





Bayden

Age: 11 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball since the age of 9 and this is his second time at camp.

What are you looking forward to this week?:

He's really looking forward to playing with his friends for one more week before camp ends.

What is your favourite thing about camp?:

He loves that this camp has helped him improve both his personal skills but also his ability to play in a team.

What have you learned in basketball that you can use in your future?:

He's learned to always be a leader in his life.

If you had to play 1v1 against a coach and win, who would it be?:

He'd want to win against Coach Tbois.

Age: 7 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball since he was around 4 years old and this is his second year at camp.

What are you looking forward to this week?:

He's looking forward to playing games with his friends.

What is your favourite thing about camp?:

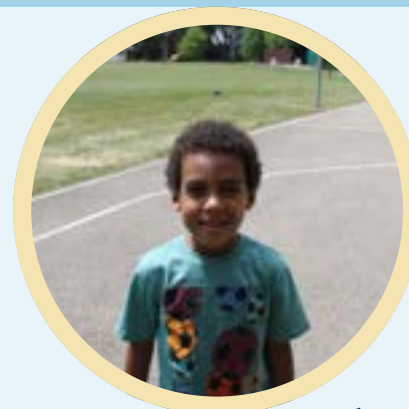
He loves the games at camp.

Do you know what you want to be when you grow up?:

He'd like to be in the NBA and play for the Timberwolves.

If you had to play 1v1 against a coach and win, who would it be?:

He'd want to win against Coach Wayne.



James



Our Team

Sunshine Academy



Shaswin

Age: 9 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for around 3 years and this is his first time at camp.

What are you looking forward to this week?:

He's looking forward to learning more about basketball and meeting new people.

Do you have a favourite trick?:

He's trying to learn to spin the basketball on his fingertip.

What is your favourite thing about camp?:

He loves being able to spend time with friends all day.

What have you learned in basketball that you can use in your future?:

He's learned the importance of never giving up.

Age: 11 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball since he was around 5 years old and this is his first time at camp.

What are you looking forward to this week?

He's looking forward to working on his shooting skills.

Do you have a favourite drill?:

He really likes Knockout.

What is your favourite thing about camp?:

He loves being able to meet new people.

If you had to play 1v1 against a coach and win, who would it be?:

He'd want to win against Coach Andel.



Lucas

Age: 6 years old

Are you part of a school team or do you play basketball outside of TWBA?:

She sometimes plays with her family and friends at home.

What are you looking forward to this week?:

She's excited to play more basketball.

What is your favourite thing about camp?:

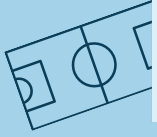
She loves being able to learn more about basketball.

If you had to play 1v1 against a coach and win, who would it be?:

She'd want to win against Coach Nalia.



Lisa



our Week in Pictures

Week 7

70



Week 7 Champions

ECS



Free Throw & Rapid Fire Winner
Jabali



Best Defender
Sara



Top Assist
Liam



Top Rebounder
Klay



MIP
Nick



Chicken Winner & MVP
Kenneth



Week 7 Champions

ECS



Free Throw Winner
Gabriel



Rapid Fire Winner
David



Top Assist
Emma



Top Rebounder
Oliver



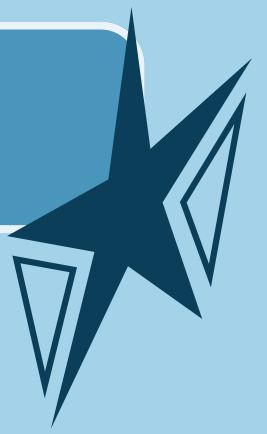
Best Defender
Wayne



MIP
Justin

Week 7 Champions

ecs



Chicken Winner & MVP
Emil



Free Throw Winner & Top Rebounder
Cayden



Top Assist
Rama



Best Defender
Adam



MIP
Theo



Rapid Fire Winner & MVP
Denari

Week 7 Champions

ecs



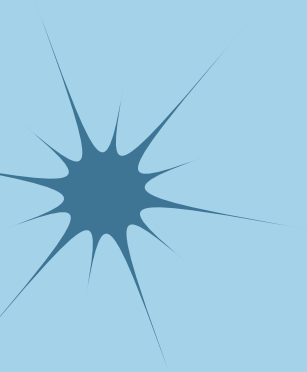
PEEWEE Winners
Coach Matthew



MINI Winners
Coach Lorenzo



NIT Winners
Coach Marley



Week 7 Champions Dawson College

NIT Division



Chicken Winner
Adam



Knockout Winner
Mason



King of the Court Award
Miles



Top Assists
Ethan

Week 7 Champions Dawson College

NIT Division



Top Rebounder
Liam



Most Improved Player
Jacob



MVP
Khyonie



NIT Winning Team

Week 7 Champions Dawson College

NCAA Division



Free Throws Winner
Lina



Knockout Winner
Tiago

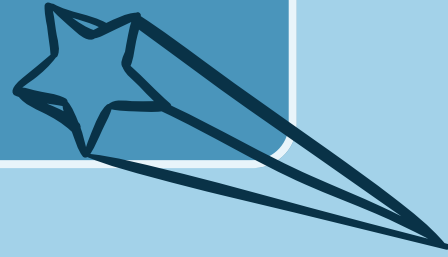


Rapid Fire Winner
Tiago



Top Assists
Luka

Week 7 Champions Dawson College



NCAA Division



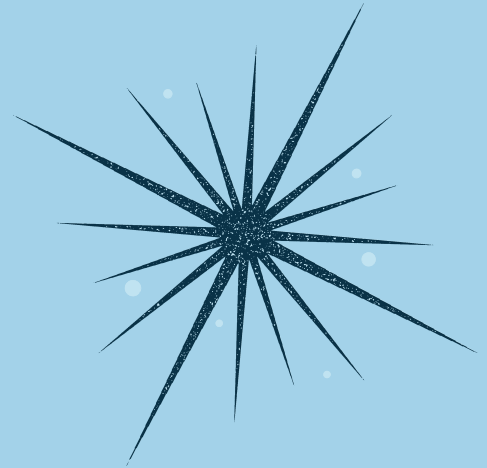
Top Rebounder
Logan



Top Defender
Nathaniel



NCAA Winning Team



Most Improved Player
NingKai



MVP
Kanius



Week 7 Champions Dawson College

NBA Division



Skills Competition Winner
Leo



Knockout Winner
Essey



2v2 Winners
Jaylen & Essey



Top Assists
Liam

Week 7 Champions Dawson College

NBA Division



Top Rebounder
Drexell



Top Defender
Andrew



NBA Winning Team



Most Improved Player
Micah



MVP
Lucas



Week 7 Champions

Mount Bruno



Best Defender
Griffin



Sportsmanship Awards
Jaxon



Shooting Competition Winner
Paul



MIP
Denali



Best Passer & Passing Competition Winner
Payton



Best Rebounder
Félix

Week 7 Champions

Mount Bruno



Chicken Winner
Ella



Chicken & Passing Competition Winner
Antonio



Sportsmanship Award
Raya



Best Defender
Kenza



Best Passer
Lincoln



Best Shooter
Félix

Week 7 Champions

Mount Bruno



MIP
Daisy



MVP
Storm



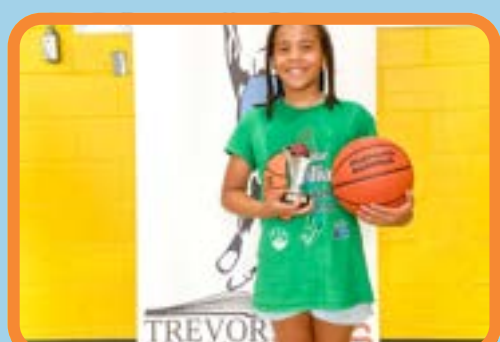
Passing + Agility Winner & MVP
Madison



Knockout Winner
Alexandre



Best Shooter
Makaia



Best Defence
Skailah

Week 7 Champions

Mount Bruno



Sportsmanship Award
Fred



MIP
Giuliana



MVP
Victoria

Week 7 Champions

Mount Bruno



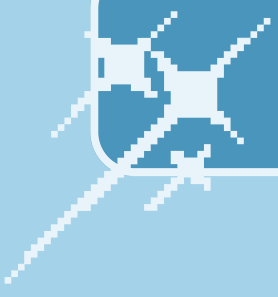
PEEWEE Winners



NIT Winners



NCAA Winners



Week 7 Champions

dorval elementary



Peewee Chicken, Free Throw, & Knockout
James



Peewee Sportsmanship
Royce



Peewee Hustle Award
Matteo



Peewee Hard Work Award
Kosi



Peewee Most Improved
Myles



Peewee MVP
James



Week 7 Champions

dorval elementary



NIT Free Throws Winner
Kyrie



NIT Chicken Winner
Aayden



NIT Knockout Winner
Aayden



NIT Sportsmanship Award
Israel

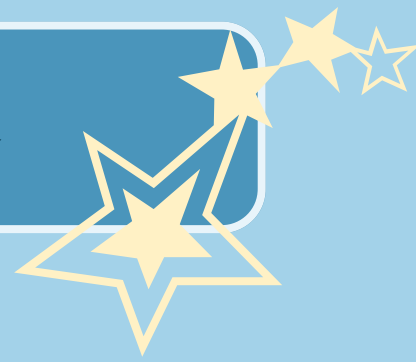


NIT Most Improved Player
Kamsi



NIT MVP
Kyrie

Week 7 Champions Sunshine Academy



Most Improved Player
Damian



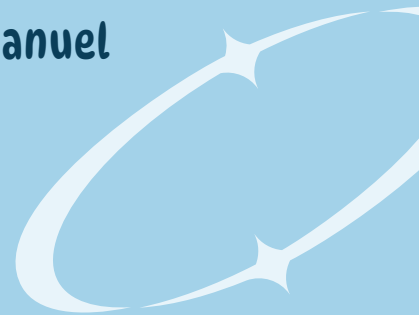
Biggest Heart
Damion



Sportsmanship Award
Miles



Hardest Worker
Emmanuel



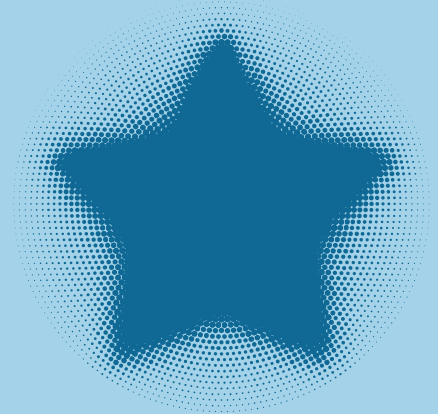
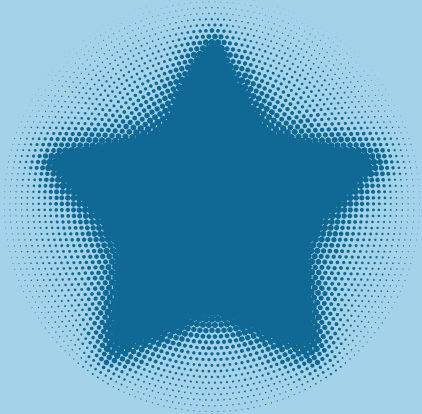
Week 7 Champions Sunshine Academy



Most Improved Player
Lucas



Campers of the Week
Lisa & Kolton



Championship Team
Shaswin, Lisa, Kolton, & Emmanuel



MVPs
Aaliyah & Kolton





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More about us

The Trevor Williams Basketball Academy is a co-ed instructional basketball camp that caters to children aged six through eighteen. We aim to improve the campers' skills, fitness level, team play and sportsmanship. We are committed to providing a safe, fun and educational environment for all.

Camp goes from 9AM to 3PM Monday to Friday, with sessions running from June 23th to August 8th. Health professionals are constantly around for support and guidance for the campers and staff.

Contact us

For further inquiries, information as well as dates, fees and registration, it is easiest to visit our website or contact us via e-mail twkf.com or summercamp@twkf.com



Dawson College

4001 De Maisonneuve St. Westmount H3Z 3G4

Sunshine Academy

65 Sunshine St, Dollard-Des Ormeaux, Quebec H9B 1G9

Dorval Elementary

1750 Carson Ave, Dorval, Quebec H9S 2S4

Miss Edgar's and Miss Cramp's School (ECS)

525 Mount Pleasant, Westmount, QC, H3Y 3H6

Mount Bruno

20 Rue des Peupliers, Saint-Bruno-de-Montarville, QC J3V 2L8

Thank you !