

week 6

Trevor's Quote of the Week

"Things never get easier, they always get harder, but you will learn to deal with the harder to try to make it easier."



TREVOR WILLIAMS
BASKETBALL
A C A D E M Y

twkf.com

Newsletter 2025

July 28 - August 1

Trevors Corner



Trevor's Week

This week, we asked Coach Trevor some questions about teamwork, qualities required in a team leader, some things that make camp special and what keeps him inspired as a coach, year after year. He started off by telling us that communication among campers on the court is the responsibility of their coach. It's something that needs to be encouraged on a daily basis to ensure its proper usage. We then asked him what qualities he thinks a team leader needs on or off the court. He told us that a team leader needs to be exactly that, a leader. They need to be able to take charge on or off the court and they need to have excellent communication skills, this will make sure that the rest of the team, i.e. the campers, will follow their lead. Next, we asked him if there are any traditions that make the TWBA special/stand out. He told us about a fun initiation that all counsellors must go through on the first day at camp. In order to break the ice, all the counsellors get in a big circle, and then they have to get in the middle, one by one, and do a dance in front of the rest of their coworkers. As well, every day after lunch, right before they return to drills and games, a counsellor speaks to the campers about their personal journeys, which in turn helps the counsellors with their public speaking skills. We then asked him what keeps him inspired and motivated to keep coaching every year. He told us that, first and foremost, he simply loves the sport and he loves being able to interact with all the campers, who keep him young and teach him the new ways of the world while he teaches them wisdom and life lessons.

Coach Corner



Wayne

- Coach Wayne started off by telling us that, in order to encourage teamwork and communication among campers, he has to harness their natural desire to play with other kids. He shows them that basketball is a team activity. This sport is something that requires good teamwork in order to succeed as individuals and as a team. It will satisfy their need to socialize with other kids their age outside of a school setting. We then wondered what qualities he looks for in a team leader, on or off the court. He told us that they need to be a hard worker with integrity who is also a good basketball player in general. A team leader needs to be able to take a chance if it could help the team. They need to be willing to put in the hard, tedious work and be someone who is a good communicator. We continued by questioning what keeps him inspired after all this time, what keeps him coming back to coach, summer after summer. He said that it is, first and foremost, an utter passion for the sport itself. Second, he gets to watch as the kids that he coaches move forward in their lives with school, careers, basketball and/or families of their own. He's loved having the opportunity to go through their lives with them as they grow into their own people. The third and final reason is because he loves being able to introduce a whole new generation of kids to basketball, to a sport that has brought him things in life that he never would have imagined possible and give them the chance at the same opportunities. He gets to give the campers a stepping stool in life to bigger and better things through basketball. Finally, Coach Wayne wants to remind all the campers to "Stay in the present, the past is gone, the future's not here, and all we have is the present." -Coach Wayne.

Coach Corner



Dean

For Coach Dean's last week at the ECS location we asked him questions regarding discouragement and coaching those with disabilities. At this point in the summer, Coach Dean advises that the campers should try their best regardless of if they feel they might not be seeing results. Try and find good role models who hold good values and skills to aspire to be like. Simply continue to give your best, even if you are not seeing results, others see them for you. With regards to children with disabilities, Dean continues to teach the fundamentals that every player has to learn. He explains that training people differently might make a camper feel as though they are different. So, while he may have to modify his teachings depending on the camper, he does not give them a completely different experience. Dean makes sure that everyone is included regardless of their background or ability by assessing the situation. He tells the coaches that if someone is being excluded to ensure that they are getting involved with others. He chooses them as people to demonstrate, if they are willing. Within teams, he will advise the teams that they have to make a certain number of passes to different people which creates moments where campers feel more included and a sense of teamwork with their peers. Dean's advice for coaching people with disabilities is being patient, attentive, and coaching them similarly to how you would treat those who do not have disabilities!

Coach Corner

This week, we started off by asking Coach Andel how he encourages teamwork and communication among campers, he told us that it varies depending on the age of the campers and their skill level. He is stationed at Sunshine Academy, a location with younger campers



Andel

who are still more or less beginners at the sport. He said that, because of their age, there are a lot of campers who are still self-focused when it comes to basketball. At first, the coaches will let them do it their way: with little-to-no communication, allowing them to see what it looks like. Then, he'll reconvene with the other coaches and show the campers what good communication and teamwork looks like on the court and how much it improves the team's performance. Once they see this, they want to play like that. However, Coach Andel also told us that, subconsciously, the campers already know good communication skills and teamwork as it's something they use frequently when playing video games or outside with their friends, the challenge is merely getting them to realize its importance in basketball and then implement it in their playing. We then asked him for important qualities in team leaders in the form of counsellors or campers. He said that with counsellors, he looks for what skills they already have as individuals and gets them to harness those to lead to the best of their abilities. He explains that, among campers, it's very simple. When looking for a team leader, he looks for a good energy and a good attitude. Finally, we asked him what keeps him inspired as a coach year after year. He said that it's mainly watching how far players can come as individuals, as players and as part of a team. He said that since coaches are their own worst critiques, watching kids succeed is priceless. He told us that once it hits 3:00, he doesn't just go home and forget about camp, he's always looking for ways to help the campers improve and how to be a better coach himself. Andel's quote of the week is: "Win the day."

Our Team

Dawson College

Age: 19 years old

How long have you been coming to camp?:

He's been coming to camp for 3 years.

What are you looking forward to this week?:

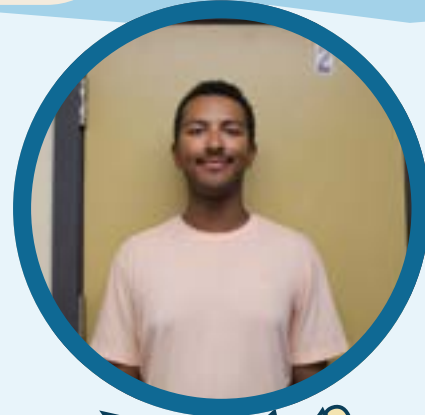
He's really looking forward to the Free Throw competition.

Do you have a favourite drill?:

He particularly enjoys shooting drills that involve shooting from long distances.

Do you like any other sports?:

He also likes skating, hockey, tennis and biking.



Brendan

Age: 14 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around 5 or 6 years and this is his second year at camp.

Are you part of a school team or do you play basketball outside of TWBA?:

He plays for his school team, Cavalier-De LaSalle, and he also used to play for the LaSalle Leaders.

What is your favourite position to play/what position do you play?:

His favourite position to play is Point Guard but he normally plays as Small Forward.

What is your favourite thing about camp?:

His favourite thing about camp is the competition.



Jaylin

Age: 11 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around 4 years and this is his 4th week at camp.

Do you have a favourite drill?:

He loves the scrimmages.

What is your favourite thing about camp?:

He loves to be able to play basketball with his friends.

If you had to play 1v1 against a coach and win, who would it be?:

He would want to win against Coach Malachi.



Ethan

Age: 18 years old

What school do you go to and in what program?:

He's going to Dawson College in Commerce.

What has been your favourite memory or experience in basketball?:

He had the opportunity to represent Team Canada in the Philippines.

Any plans with basketball in your future?:

He would love to be able to go back to the Philippines once again for basketball, hopefully being able to play in university and then go pro.

Do you have any advice for the campers?:

"Keep working." Coach Darius wants to remind all the camps that nothing in life will come easy to you, patience and time are needed to be able to move through every aspect of life.

Darius



Our Team

ECS

Kemery

Age: 6 years old

How long have you been playing basketball/coming to camp?:
He's been playing basketball for a year and this is his first time at camp.

What are you looking forward to this week?:
He said he was looking forward to seeing us, the media team.

What do you want to be when you grow up?:
He wants to be Michael Jackson when he grows up.
If you had to play 1v1 against a coach and win, who would it be?:
He would want to win against Coach Dean.



Age: 10 years old

How long have you been playing basketball/coming to camp?:
He's been playing for 2 years and he's been coming to camp for a month.

Do you have a favourite drill?:
His favourite drill is Three Man Weave.

What is your favourite thing about camp?:
He loves that the TWBA is simply a fun place to be.

What have you learned in basketball that you can use in your future?:
He's learned the importance of practice and its impact on improvement.

If you had to play 1v1 against a coach and win, who would it be?:
He would want to win against Coach Mak.



Mason

Age: 10 years old

How long have you been playing basketball/coming to camp?:
He's been playing for around 2 years and this was his 5th week at camp.

Are you a part of a school team?:
He plays for Saint Monica's basketball team.

What are you looking forward to this week?:
He's not only hoping to improve his skills but he's also aspiring to move up to the next division at camp.

What is your favourite thing about camp?:
He loves being able to meet new people.
If you had to play 1v1 against a coach and win, who would it be?:
He'd want to win against Coach Kendall.



Jesse

Age: 21 years old

What school do you go to and in what program?:
She's going to Dawson College in the Social Sciences.

How long have you been playing basketball?:
She's been playing for around 8 years.

What has been your favourite memory or experience in basketball?:
She loved going away on team trips with her friends.

What is your favourite thing about being a counsellor?:
She loves having the opportunity to teach kids.

Do you have any advice for the campers?:
"Be yourself, be a leader, be weird."



Jaciah



Kamsi

Age: 8 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for around 4 years and he's been coming to camp for around 3 years.

Do you have any favourite drills?:

His favourite is the Form Shooting drills.

What is your favourite thing about camp?:

He loves the amount of games that we play here at camp.

What have you learned in basketball that you can use in your future?:

He's learned to not be selfish, to think about others, the things he does and what the consequences of his actions might be.

If you had to play 1v1 against a coach and win, who would it be?:

He would want to win against Coach Tbois.

Age: 6 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for around 2 years and this is his second summer at camp.

What are you looking forward to this week?:

He's really excited for Knockout and also Chicken.

What is your favourite thing about camp?:

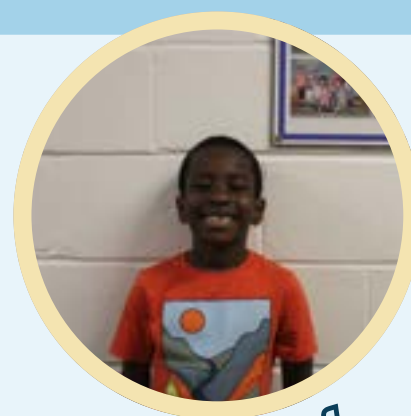
He loves that he has the chance to work on his basketball skills all week.

Are there any other sports that you like?:

He really likes soccer, football and also tennis.

If you had to play 1v1 against a coach and win, who would it be?:

He'd want to win against Coach Wayne.



Hosi



Our Team

Sunshine Academy



Kolton

Age: 10 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for around 4 years and this is his first time at camp.

Do you play basketball outside of camp?:

He used to play for Brookwood and he also plays in his free time.

What is your favourite position to play/what position do you play?:

His favourite position is also his regular position: Point Guard.

What have you learned in basketball that you can use in your future?:

"To always be kind."

If you had to play 1v1 against a coach and win, who would it be?:

He would want to win against Coach Nalia.

Age: 5 years old

How long have you been playing basketball/coming to camp?:

He's not sure how long he's been playing basketball but this is his first time at camp.

What are you looking forward to this week?:

He's excited to be able to play basketball.

What is your favourite thing about camp?:

He really likes the games at camp so far.

Do you have a role model?:

He wants to be like his mom when he grows up.

If you had to play 1v1 against a coach and win, who would it be?:

He would want to win against Coach Andel.



Mallex

Age: 11 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for around 2 years and this is his first year at camp.

Do you play basketball outside of camp?:

Yes, he also plays for Brookwood.

What are you looking forward to this week?:

He's looking forward to playing 4v4 with the other campers.

Do you have a favourite drill?:

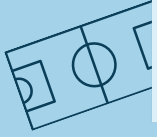
He really likes the Baseball Drill that they do over at Sunshine Academy.

What is your favourite thing about camp?:

He likes that there's a nice balance between actually playing basketball and free time.



Tatum



Our Week in Pictures

Week 6

70



Week 6 Champions

ECS



Chicken & Free Throw winner
Zaeden



Rapid Fire Winner
Kendrick



MVP
Adira



MVP
Jacob



Chicken winner
Makaia



Free Throw Winner
Liam

Week 6 Champions

ECS



Rapid Fire Winner
Isaac S.



Best Defender
Isaac E.



Top Assist
Adriano



Top Rebounder
Jabali



MIP
Johane



MVP
Kenneth

Week 6 Champions

ecs



Chicken Winner & MVP
Anna



Free Throw Winner
Samuel



Top Assist
Wayne



Top Rebounder
Odaro



Best Defender
Jude



Rapid Fire Winner & MVP
Aram



Week 6 Champions

ecs



Free Throw Winner & Best Defender
Noah



Most Assists
Michael



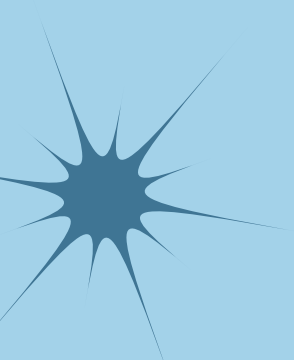
Rapid Fire Winner & MVP
Emma



Top Rebounder
Cayden



MIP
Jesse



Week 6 Champions

ecs



PEEWEE Winners
Coaches Jaciah & Aerin



MINI Winners
Coach Alex



NIT Winners
Coach Kedi



Week 6 Champions Dawson College

NIT Division



Free Throw Winner
Khyonie



Top Assists
Thomas



Chicken Winner
Miles



Top Assists
Thomas



Top Rebounder
Gabe



Week 6 Champions Dawson College

NIT Division



Top Defender
Parker



Most Improved Player
Marcus



MVP
Mason



NIT Winning Team
Shirts

Week 6 Champions Dawson College

NCAA Division



Free Throw Winner
Zachary



Rapid Fire Winner
Henri

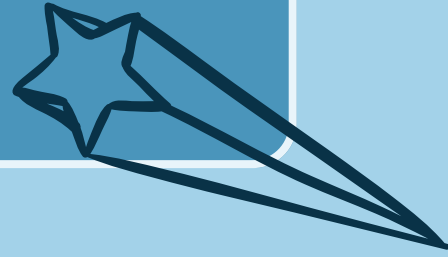


Knockout & Top Assists
Arvo



Top Rebounder
Henri

Week 6 Champions Dawson College



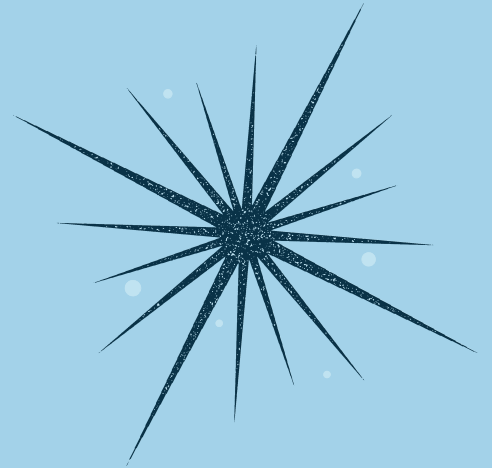
NCAA Division



Top Defender
Alix



Most Improved Player
Jayden



MVP
Rowan



NCAA Winning Team
Maroon



Week 6 Champions Dawson College

NBA Division



Free Throw Winner
Essey



Rapid Fire Winner
Riley



Top Rebounder
Gabe



Top Assists
Liam

Week 6 Champions Dawson College

NBA Division



Top Defender
Mathis



MVP
Alexei



Most Improved Player
Nicholas



NBA Winning Team
Red



Week 6 Champions

dorval elementary



Free Throw Winner
James



Chicken Winner
Kosi



Knockout Winner
James



Sportsmanship Award
Royce



Most Improved Player
Shawn



MVP
James

Week 6 Champions

dorval elementary



Free Throw Winner
Kyrie



Chicken Winner
Kyrie



Knockout Winner
Kyrie



Sportsmanship Winner
Israel



Most Improved Player
Kamsi



MVP
Kyrie

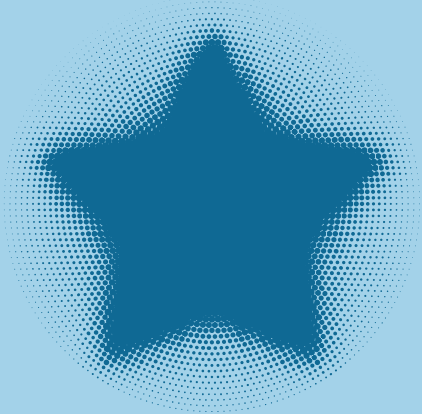
Week 6 Champions *Sunshine Academy*



MVP
Emmanuel



Camper of the Week
Emmanuel



Leadership Award
Kolton



Biggest Heart
Mallex



Week 6 Champions Sunshine Academy



Rapid Fire Winner
Kolton



Chicken Winner
Kolton



Free Throw Winner
Mallex



Winning Team
Emmanuel, Mallex, & Kolton





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More about us

The Trevor Williams Basketball Academy is a co-ed instructional basketball camp that caters to children aged six through eighteen. We aim to improve the campers' skills, fitness level, team play and sportsmanship. We are committed to providing a safe, fun and educational environment for all.

Camp goes from 9AM to 3PM Monday to Friday, with sessions running from June 23th to August 8th. Health professionals are constantly around for support and guidance for the campers and staff.

Contact us

For further inquiries, information as well as dates, fees and registration, it is easiest to visit our website or contact us via e-mail twkf.com or summercamp@twkf.com



Dawson College

4001 De Maisonneuve St. Westmount H3Z 3G4

Sunshine Academy

65 Sunshine St, Dollard-Des Ormeaux, Quebec H9B 1G9

Dorval Elementary

1750 Carson Ave, Dorval, Quebec H9S 2S4

Miss Edgar's and Miss Cramp's School (ECS)

525 Mount Pleasant, Westmount, QC, H3Y 3H6

Mount Bruno

20 Rue des Peupliers, Saint-Bruno-de-Montarville, QC J3V 2L8

Thank you!