

Trevor's Quote of the Week

"It's a beautiful day to have a beautiful day."



TREVOR WILLIAMS
BASKETBALL
A C A D E M Y

July 21 - July 25

Trevors Corner

Trevor's Week



Coach Trevor, has come back as the head coach at our Dawson College location, we asked him some questions regarding sports, disabilities and inclusion. He started off by telling us how important it is for every athlete to feel supported and included, regardless of their background or ability, in order to have a positive team environment. We then asked him if there have been any major changes that he has made over the years in order to open up The Trevor Williams Basketball Academy to a wider range of athletes. He told us that it was mainly by opening up locations all over the city that he ensured accessibility to campers from every background. Next, we asked Coach Trevor if he approaches coaching a child with a disability differently than a child without a disability. He told us that he approaches coaching every child differently, whether they have a disability or not. He said that it's most important to take the child's personality into account when figuring out how to coach them, their ability is not the deciding factor. We then asked him for any advice he might have for coaches who are learning to coach children with disabilities. He told us that it's important for coaches to simply remember to treat their athletes the way they want to be treated.

Coach Corner

This week, we interviewed Coach Wayne, the head coach at our Dorval Elementary location, about his core values in coaching, his advice for discouragement, and

representation. He started off by telling us that he holds many different values as a coach therefore choosing one is a difficult task. Ultimately, Coach Wayne explains that what he tries to do is put his players in a position to be successful. While he is a coach, he is much more of a teacher, this means that his job is to guide the people he coaches to success by rooting them in lessons they can hold onto. He told us that his success is seen through simply watching his players grow in a positive direction. Growing as athletes but also as mature people. We then asked him for any advice that he might have for campers who might be feeling discouraged. He told us that as much as some campers might love basketball, there will obviously be some resentment towards the camp and/or maybe the camp itself at one point in the summer. Getting up early every day during summer vacation, doing basketball drills, being surrounded by people and noise all the time, maybe not seeing the improvement they had been hoping for, etc. It is important for campers to remember that, in order to improve and get places in life, there needs to be a challenge. This point will pass and by the time that campers return to their teams in the fall, they'll see all of their hard work paid off. Finally, we asked him if he thinks that representation among coaches is important for campers. He told us that he thinks it's important to an extent. First and foremost, we need to have coaches who are qualified and who will help the campers improve. This week, his advice is: "Live each day like it's your last."



Wayne

Coach Corner



Dean

Coach Dean has returned to ECS this week as the Saint Bruno location is closed for two weeks. This week, we discussed the importance of representation and keeping girls in sports. Dean explained that his biggest lesson that he has learned as a coach is patience and being able to make the experience individual for every player on a team. Each person has different personalities and intensities that they can handle so it is important to recognize this and coach accordingly. He explains that there is a major difference between coaching and teaching. He describes, "Anyone can go behind the bench and coach and sub, but can you teach". In his life, Dean believes that representation of a team, organization, or work experience should always be on your mind. How you behave and conduct yourself reflects on the people you represent. Dean coaches the girls team at ECS during the year and has three girls of his own. He expects all of his players to carry with them everything he has taught them such as how to be a good teammate and play properly with others, how to be polite, and work hard without taking things for granted. Dean's approach to coaching female athletes is to teach the fundamentals properly, this is a lesson that they will often keep with them for the rest of their career. Dean's advice this week is a TWBA two-word classic, "If it is to be, it is up to me".

Coach Corner

Coach Andel has stepped in as the head coach at our Sunshine Academy location, while Trevor returned to Dawson. We asked him some questions regarding lessons and discouragement at this point in the summer. We started off by asking him how he measures

his own success as a coach. He told us that as long as every child leaves camp at least slightly improved compared to when they started at camp, he is happy. He said that every camper grows and improves at a different rate, but it's important to not get caught up in the success of others if it is making you feel like your improvement is not as important or meaningful. We then asked him for some advice for any campers who might be feeling discouraged at this point in the summer if they are not seeing the type of improvement they might have been hoping for. Coach Andel wanted to remind the campers that you will not see drastic improvement right away. This hard work everyday will likely only really start to pay off and show itself in the fall and winter, which means that campers should continue playing basketball even after camp is over! We then asked him about the biggest lesson that he has learned through coaching and he said that it was patience and that everyone is different. As a coach, it is important to realize that every player on a team has a different personality, and it is your job as their coach to learn how to use each of these personalities to the advantage of the team as a whole. We followed up by asking if he thought representation among coaches was important for young, developing athletes. He told us that he thought it is quite important, if a child sees someone who looks like them, acts like them and/or believes in the same things as them, it shows the child that they can indeed do what they have set out to do. That it is possible to reach greater levels of athleticism because they are watching their coaches be at that level. Finally, we asked Coach Andel if he had any advice for the campers, he wanted to tell the campers to continue playing!



Andel

Our Team Dawson College

Age: 15 years old

How long have you been playing basketball/coming to camp?:

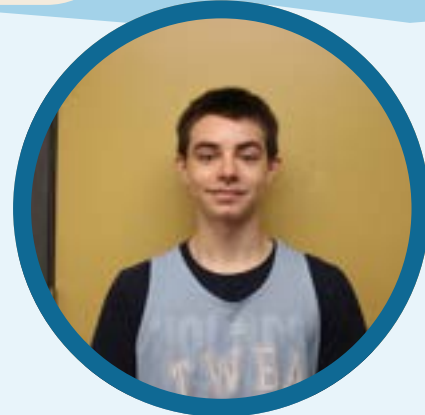
He started taking basketball seriously when he was in grade 7 but he's been coming to the TWBA since the age of 6.

What is your favourite thing about camp?:

He loves being able to spend the day talking with a variety of people and getting to know the staff.

What have you learned in basketball that you can use in your future?:

"If you really care for something, work for it."



Liam

Age: 16 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around 2 or 3 years and he's been coming to camp for 2 years.

Do you play outside of camp?:

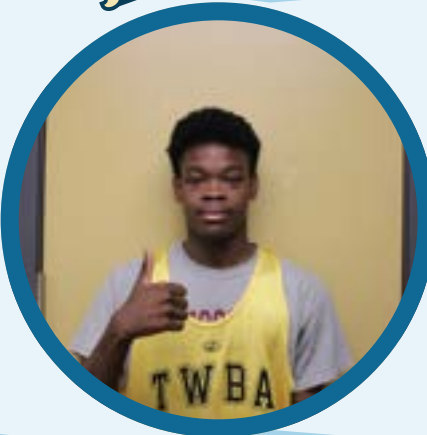
He plays for the YMCA.

What is your favourite thing about camp?:

He loves that people at the TWBA are friendly even in the competitive environment.

What have you learned in basketball that you can use in your future?:

He's learned the importance of patience.



Age: 14 years old

What is your favourite position to play/what position do you play?:

His favourite positions are Point Guard and Shooting Guard, he normally plays as the latter.

What is your favourite thing about camp?:

His favourite part about camp is the staff.

Do you know what you want to do when you're older?:

He would like to go to McGill and one day become an engineer.

If you had to play 1v1 against a coach, who would it be?:

He would want to win against Coach Lucas.



Ayden

Age: 18 years old

What school do you go to and in what program?:

In the fall, he will be attending Dawson College in Pure and Applied Science.

How long have you been playing basketball?:

He's been playing for around 8 years.

Do you have any plans with basketball in your future?:

He hopes that playing basketball might be a career path for him later on, if not he would still love to be in a basketball management position.

Do you have any advice for the campers?:

Coach Mikhail wants to tell the campers that, in order to achieve greatness, you need to put in hard work, in and outside of camp or other teams.

Mikhail



Our Team

ECS

Piley

Age: 11 years old

How long have you been playing basketball/coming to camp?:
He's been playing for around 2 years and this is his second week at camp.

What is your favourite thing about camp?:
He feels that the TWBA pushes the campers to improve and actually helps with their athletic development more than other camps.

If you had to play 1v1 against a coach, who would it be?:
He would want to win against Coach Alex.



Age: 12 years old

Are you part of a school team or do you play basketball outside of TWBA?:

He also plays for the LCC basketball team and in his free time.

What is your favourite position to play/what position do you play?:

His favourite position is also his regular position: Center.

What is your favourite thing about camp?:

His favourite part is definitely all the games.

If you had to play 1v1 against a coach, who would it be?:
He would want to win against Coach Elijah.



Joey

Age: 8 years old

How long have you been playing basketball/coming to camp?:
He's been playing for at least 5 years and he's been coming to camp for the same amount of time.

Do you play basketball outside of TWBA?:

He plays for 2 teams outside of camp: DCB Hawks and also Bluehounds. He also plays at home with his family.

What is your favourite thing about camp?:

He really likes that the TWBA really encourages the campers to practice with drills and hard work. He also enjoys that he learns a lot at camp.

Do you have a role model?:
His role model is his dad.



Modibo

Age: 18 years old

What school do you go to and in what program?:

In the fall, she'll be attending McGill university in a Bioengineering program.

How long have you been playing basketball?:

She's been playing since the 4th grade, so around 8 years.

What has been your favourite memory or experience in basketball?:

She loved having the opportunity to get into the Montreal basketball community. She got to meet a whole other group of people.

Do you have any advice for the campers?:

Coach Aerin wants to tell the campers to "stick with it!". Keep playing the sport and keep coming back to camp because as always, practice makes perfect.



Aerin



shawn

Age: 9 years old

How long have you been playing basketball/coming to camp?:

He's not sure how long he's been playing basketball but this is his first year at camp.

What are you looking forward to this week?:

He's looking forward to a drill that they do called "Triple Threat" and also Knockout.

What is your favourite thing about camp?:

He not only likes being able to play basketball everyday but also meeting new people.

What do you want to be when you grow up?:

He wants to be a scientist/engineer/NBA player for the Lakers.

Age: 10 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around 4 years and he's been coming to camp for 3 years.

What is your favourite position to play/what position do you play?:

His favourite position is Point Guard but he tends to play Defense.

What are you looking forward to this week?:

He's looking forward to improving his skills and also his durability.

Do you have a favourite drill?:

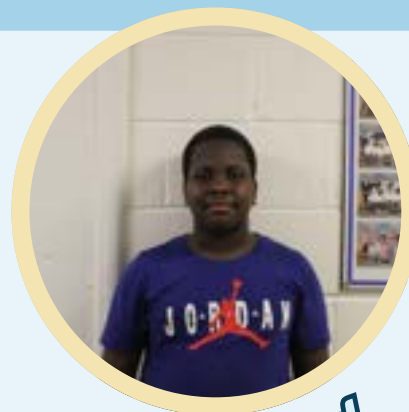
He likes the form/shooting drills at camp.

What is your favourite thing about camp?:

He loves that he gets to see his friends everyday.

What have you learned in basketball that you can use in your future?:

He's learned that being in a team makes everything easier.



Israel



Our Team

Sunshine Academy



Constantine

Age: 6 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around 6 months and this is his first time at camp.

What are you looking forward to this week?

He's looking forward to all the drills they do at camp.

What is your favourite thing about camp?:

His favourite thing about the TWBA is the coaches.

If you had to play 1v1 against a coach, who would it be?:

He would want to win against Coach Jason.

Age: 8 years old

How long have you been playing basketball/coming to camp?:

He's been playing most of his life, since the age of 2 or 3 but this is his first time at camp.

What is your favourite thing about camp?:

His favourite thing is the scrimmages.

Who's your role model?:

His role model is his brother

If you had to play 1v1 against a coach, who would it be?:

He would want to beat Coach Andel.



Emmanuel

Age: 16 years old

What has been your favourite memory or experience in basketball?:

She would say that she loved going on trips with her teammates and getting to do team bonding with them.

Did you attend the camp or how did you get involved?:

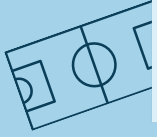
She attended the TWBA as a camper, so that combined with her being on a Bluehounds team led to her being a counsellor.

What is your favourite thing about being a counsellor?:

She enjoys having the opportunity to teach the younger campers about basketball and getting to play with them as they learn.



Nalia



Our Week in Pictures

Week 5

70



Week 5 Champions

ECS



Chicken Winner & MVP
Judah



Top Scorer
Jabali



Top Assist
Roy



Top Rebounder
Violet



Best Defender
Kenza



Free Throw Winner & MVP
Makaia



Week 5 Champions

ECS



Chicken & Free Throw Winner
Alex



Top Assist
Olivia-Françoise



Best Defender
Claire



Top Rebounder
Amelia



MIP
Modibo



MVP
Leah

Week 5 Champions

ecs



Rapid Fire Winner & Best Defender
Izaiah



Top Assist
Emma



Top Rebounder
Everly



MIP
Sahani



MVP
Joey



Week 5 Champions

ecs



PEEWEE Winners
Coaches Jaciah & Aerin



MINI Winners
Coach Alex



NIT Winners
Coach Kedi

Week 5 Champions Dawson College



Top Assists
Ethan



Knockout winner
Natty



Top Rebounder
Gabe



Top Defender
Fabio



MIP
Archie



Chicken Winner & MVP
Lucas



Week 5 Champions Dawson College



Rapid Fire Winner
Fred



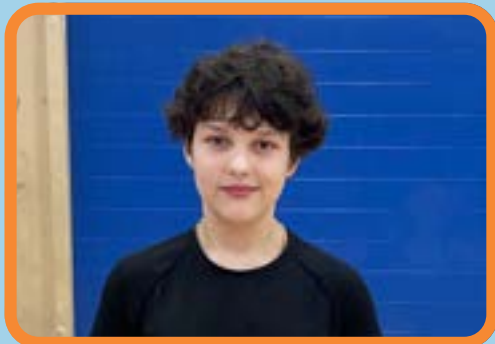
Top Defender
Adrienne



Top Assist
Lucas



Top Rebounder
Modris



MIP
Leo



Knockout, Free Throw Winner, & MVP
Noah

Week 5 Champions

Dawson College



Most Dedicated
Mia



Free Throw & Rapid Fire Winner
Aharon



Top Assists
Lenny

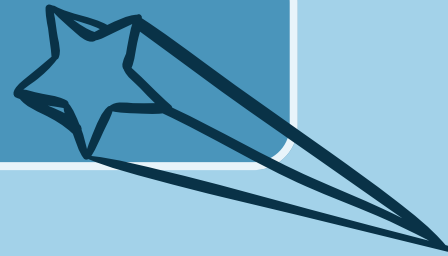


Top Rebounder
Matteo



Top Defender
Jeriah

Week 5 Champions Dawson College



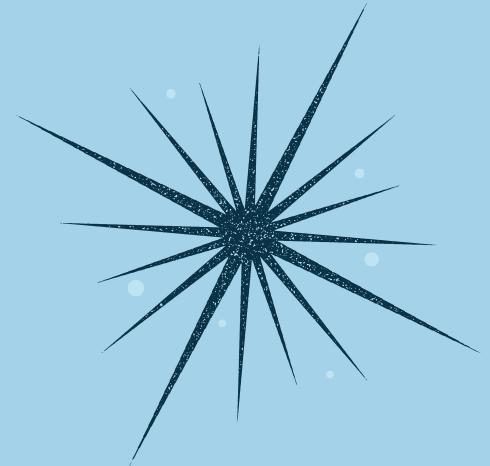
MIP
Sacha



1 v 1 Winner & MVP
Adam



NIT Winning Team
Red

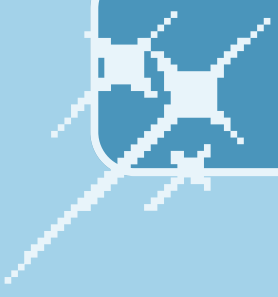


NCAA Winning Team
Yellow



NBA Winning Team
Light Blue





Week 5 Champions

dorval elementary



Peewee
Knockout, Free Throw, & Chicken
James



Peewee Sportsmanship Winner
Kosi



Hard Worker
Shawn



Most Improved Player
Royce



MVP
James



NIT Chicken Winner
Kyrie



Week 5 Champions

dorval elementary



NIT Free Throw Winner
Israel



NIT Knockout Winner
Zach



NIT Sportsmanship Award
Israel



Most Improved Player
Kamsi



MVP
Kyrie



The Dorval Crew Week 5!

Week 5 Champions *Sunshine Academy*



Camper of the Week
Shaswin



Most Improved Player
Sadike



Best Defender
Tatum



Biggest Heart
Constantine



Week 5 Champions Sunshine Academy



MVP
Leo & Nico



Camper's Choice
Leo



Championship Winners
(From Left to Right)
Leo, Coach Jason, Sadike, Alijah, Leo, Nico



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More about us

The Trevor Williams Basketball Academy is a co-ed instructional basketball camp that caters to children aged six through eighteen. We aim to improve the campers' skills, fitness level, team play and sportsmanship. We are committed to providing a safe, fun and educational environment for all.

Camp goes from 9AM to 3PM Monday to Friday, with sessions running from June 23th to August 8th. Health professionals are constantly around for support and guidance for the campers and staff.

Contact us

For further inquiries, information as well as dates, fees and registration, it is easiest to visit our website or contact us via e-mail twkf.com or summercamp@twkf.com



Dawson College

4001 De Maisonneuve St. Westmount H3Z 3G4

Sunshine Academy

65 Sunshine St, Dollard-Des Ormeaux, Quebec H9B 1G9

Dorval Elementary

1750 Carson Ave, Dorval, Quebec H9S 2S4

Miss Edgar's and Miss Cramp's School (ECS)

525 Mount Pleasant, Westmount, QC, H3Y 3H6

Mount Bruno

20 Rue des Peupliers, Saint-Bruno-de-Montarville, QC J3V 2L8

Thank you !