

week 4

Trevors Quote of the Week

“If it is to be, it is up to me”



TREVOR WILLIAMS
BASKETBALL
A C A D E M Y

July 14 - July 18

Trevors Corner



Trevor's Week

Trevor's approach to coaching is a continuation of evolving; every generation and skill level requires an open mind for every single player. In his own coaching he finds representation of different ages, cultures, genders, races, etc. immensely important. Everyone should be able to learn from one another in a very open manner, regardless of their culture or social standing, without judgment or exclusion. He says, "If you continue learning, you can have an impact, moving forward." During the year, Trevor coaches the Dawson women's D1 basketball team, he also has two young girls of his own who play the sport, so we discussed with him the importance of good leadership for keeping women in sports. He explains that he wants to teach the women and girls he coaches to be strong and independent people. As a person, Trevor has always been surrounded by strong individuals, notably women, and he continues to encourage women through his coaching. Trevor grew up in a household with seven sisters and an incredibly strong mother. Though he did not understand it then, looking back, he recognizes the strength and desire that these individuals instilled in him. He aspires to continue these ideas and see the women he coaches graduate; in life and with their education. Trevor explains that basketball fundamentals should always be taught in the same manner, regardless of gender. Yet, every person is different therefore, as a coach, one must approach every player in an individual manner.

Coach Corner



Wayne

Wayne believes the number one thing the coach should consider is the kid's age. When introducing a new drill to little kids, it's important for coaches to break the

drill down to its core, step by step. This may seem very

tedious but when it comes to younger campers, it isn't. Their level of improvement over a short amount of time is often incredible, so doing this breakdown will severely improve their understanding and execution of the drill. This will also improve the morale of both the campers and the coach, seeing this improvement and ultimate execution will reassure the coach and make the campers see that they can indeed succeed at whatever they put their minds to. We then asked Coach Wayne for some qualities that he thinks the campers should have that would make their journey of improving their skills just that much easier. He said that the kids need a desire to play and to improve at the sport, as well, they have to be coachable. When learning to play a sport like basketball, it is almost impossible for someone to reach a level of greatness all on their own with no outside help. Campers should think about the criticism, positive or negative, that their coaches are giving them. Campers need to be able to take pride in their work and their accomplishments, and be proud about what they are doing. Wayne believes camp is successful because we are able to bring such a large diversity of kids from all over the island together in one place, and get them to all work towards one goal together. If this camp is able to leave such a lasting impact on people in good ways, then the camp is a success. Coach Wayne's advice for this week is "Just come to have fun." Even if you're not the biggest fan of basketball, you will still meet kids your age in the same position as you, so come to enjoy yourself!

Coach Corner



Carolann

Coach Caro started playing basketball in grade 3 for her hometown. From there, she continued to grow in the sport, one of her proudest moments was being invited to play for the Canadian U-19 Junior National Team, where she competed internationally in Serbia. This all led to basketball quickly becoming her first

priority, but she was fortunate to be surrounded by incredible mentors and role models who helped her along the way. Her parents, coaches and older teammates were the biggest influences in her life. They pushed her to be better but also taught her to stay grounded, work hard, and maintain a positive mindset through challenges. Those lessons, along with the values her parents instilled in her, are what she tries to pass on to every young player she works with. Her dream had always been to earn a full scholarship to play in the United States. Coach Trevor believed in her and recruited her to play for the Dawson Blues, and being part of the Blues family was key to achieving that goal. Basketball not only allowed her to compete at a high level, but it also gave her the opportunity to earn a free education. She went on to graduate with an undergraduate degree in Psychology, a Criminal Justice Certificate, and a Master's of Education in Educational Psychology. Coaching became part of her life when she was just 14, and she's been passionate about it ever since. She's coached mini and juvenile girls' teams, volunteered in schools, worked with TWBA and MVP Basketball, and now runs her own Adrenaline Basketball programs. Giving back to the youth has always been important to her, which is why she wanted to bring TWBA to the South Shore—to give local kids the same opportunities and experiences that shaped her. The most important things she teaches to these kids is simple: work hard but enjoy the game, be a supportive teammate, don't be afraid to make mistakes, and always respect the game and everyone involved. Basketball can teach so much more than just how to play—it builds confidence, character, and life skills that last long after the final buzzer.

Coach Corner

At ECS, we interviewed KJ about coaching styles, important lessons, and some advice for the campers. He began by telling us about some of the lessons that his role models taught him that he still carries with him, and that he tries to pass on to these campers. He told us that the major idea was the importance of patience in every situation, with everyone. Everyone reacts differently to various things, but having patience can sometimes really help make a situation pass a lot smoother rather than anger or frustration. KJ believes it's the environment here at camp that makes it so successful; the fun, the inclusivity, and the safety of camp makes it amazing. Especially at certain locations that tend to have younger campers who don't necessarily want to play basketball all the time, having an environment that allows room for multiple activities makes everyone feel happier. We then asked him how the younger age of the campers may impact the way that coaches approach them. For the kids who may be less experienced in the sport, coaches need to learn how to be a mentor first rather than a basketball coach. This reflection encourages coaches to figure out ways to keep the kids engaged and make them want to return and continue playing, even if they maybe didn't want to play at first. Coach KJ told us about some qualities he thinks the campers need in order for them to move forward with their basketball experience. For example, curiosity, the ability to listen, and being open minded. He said that kids need to want to know more, they need to be able to understand what they are taking in when learning about the things they are interested in and they need to remember that there are more ways to improve at basketball than just constantly being on the court. Finally, we asked him for any advice that he might have for the campers. He said, not only to always bring a water bottle and be mindful of your belongings, but to always show up open-minded, and wanting to have fun!



KJ

Our Team

Dawson College

Age: 10 years old

How long have you been playing basketball/coming to camp?:

He's been playing for around 4 years and this is his first year at camp.

Are you part of a school team or do you play basketball outside of TWBA?:

He plays for the LCC team and he also plays for Bluehounds.

What have you learned in basketball that you can use in your future?:

He's learned to channel all of his energy, positive and negative, towards achieving his goals.



Victor

Emmanuel

Age: 11 years old

What is your favourite thing about camp?:

He really likes the counsellors here.

What have you learned in basketball that you can use in your future?:

"Trust yourself in your abilities."

Do you have a plan for your future?:

He wants to go to Duke University and he hopes to be able to be an NBA player for any team other than the Wizards.

Do you have a role model?:

His dad



Age: 11 years old

How long have you been playing basketball/coming to camp?:

She's been playing basketball for around 6 years which is the same amount of time that she's been coming to camp.

What is your favourite thing about camp?:

She really loves all the people here at camp.

What have you learned in basketball that you can use in your future?:

Basketball has taught her good communication skills.

Who's your role model?:

Her dad, Trevor Williams



Madison

Age: 17 years old

What school do you go to and in what program?:

In the fall, he will be attending Dawson College in Social Sciences.

How long have you been playing basketball?:

He's been playing for around 9 years.

What is your favourite thing about being a counsellor?:

He loves just being able to interact with the campers and he also enjoys the experience of seeing a team through the perspective coach, he now realizes that coaching can be very difficult.

Do you have any advice for the campers?:

"Give it your all." Coach Lucas wants to tell the campers to always do everything to the best of their abilities, no matter what.

Lucas



Our Team

ECS

Leah

Age: 9 years old

What is your favourite position to play/what position do you play?:

She really likes playing defense.

What are you looking forward to this week?:

She's not only looking forward to having the chance to improve her skills but also to having the opportunity to make new friends.

What have you learned in basketball that you can use in your future?:

She's learned to always be nice to people, even if you're not friends with them and to always have fun, regardless of if you're winning or not.



Age: 9 years old

How long have you been playing basketball/coming to camp?:

She's not entirely sure on how long she's been playing basketball, but she knows that she's been coming to camp for 2 years.

What are you looking forward to this week?:

She's really looking forward to the scrimmages throughout the week.

What have you learned in basketball that you can use in your future?:

The importance of encouraging others.

If you had to play 1v1 against a coach, who would it be?:

She would choose to win against Coach Erica.



Erica

Age: 9 years old

How long have you been playing basketball/coming to camp?:

She's been playing for around 2 years.

What is your favourite thing about camp?:

She really enjoys the drills and also the people at camp.

What have you learned in basketball that you can use in your future?:

Definitely the importance of good sportsmanship.

Do you have a plan for your future?:

She might want to go to UCLA and she wants to be a doctor.



Elyana

Age: 17 years old

Did you attend the camp or how did you get involved?:

He attended this camp as a camper, he became a counsellor here because he felt that it could be a way for him to make a difference and have an impact on the camp community.

What is your favourite thing about being a counsellor?:

He loves the whole aspect of coaching kids. He enjoys being able to help kids learn about the game and how to play it, beginner or not, and making sure that they enjoy their time at camp.

Do you have any advice for the campers?:

Make sure you're including everyone when playing! Be nice to your teammates, you're still learning and improving and so are they.



Matthew

Our Team

Mount Bruno

Leo

Age: 8 years old

How long have you been playing basketball?:

He's been playing since the age of 5.

What's your favourite position?:

Power Forward

Do you have a favourite trick and/or drill?:

His favourite trick is Double Cross and his favourite drill is warm-ups.

Do you know what you want to be when you grow up?:

He wants to be an NBA player for the Toronto Raptors.

Do you have a role model?:

His dad because he trains Leo in the mornings.



Age: 7 years old

How long have you been playing basketball?:

He's also been playing since the age of 5.

What's your favourite thing about camp?:

He really likes the games.

Do you have a role model?:

Like his brother, Knox's role model is his dad.

If you had to play 1v1 against a coach, who would it be?:

He wants to 1v1 against Coach Jayden.



Knox

Elijah

Age: 17 years old

What school do you go to and in what program?:

He goes to Champlain College and he's in Social Science.

How long have you been playing basketball?:

He's been playing for around 3 years.

What's your favourite thing about being a counsellor?:

He loves being able to make memories with these campers and seeing the smiles on their faces.

Do you have any advice for the campers?:

Coach Elijah wants to tell the campers to keep playing basketball if it's something that you enjoy!





ROYCE

Age: 7 years old

How long have you been playing basketball/coming to camp?:

He's been playing basketball for as long as he can remember but he can't remember how many years he's been coming to camp.

Do you have a favourite trick or drill?:

He loves playing Chicken.

Do you have a plan for your future?:

He knows that he wants to play some level of professional basketball.

Do you like any other sports?:

He also quite likes soccer, wrestling and skating.

If you had to play 1v1 against a coach, who would it be?:

He would choose to win against his Uncle Wayne.

Age: 23 years old

What school do you go to and in what program?:

He goes to the University of Mary in North Dakota in Communications.

How long have you been playing basketball?:

He's been playing for around 13 years.

Any plans with basketball in your future?:

He hopes to continue playing and reach a professional level.

What is your favourite thing about being a counsellor?:

He loves being able to watch the kids he coaches learn the sport and improve their skills.

Do you have any advice for the campers?:

"Always play hard, no matter what."



tshawn



Our Team

Sunshine Academy



Age: 8 years old

How long have you been playing basketball/coming to camp?:

She started playing basketball this Monday when she started camp.

What is your favourite thing about camp?:

She really likes when they play scrimmages.

Do you have a role model?:

Her role model is her dad.

If you had to play 1v1 against a coach, who would it be?:

She would want to win against Coach Sam.

Age: 9 years old

What are you looking forward to this week?:

He's simply looking forward to improving at the sport.

Do you have a plan for your future?:

He wants to be a hockey player and he would love to play for either the Canadians or the Oilers.

Do you have a role model?:

Connor McDavid

If you had to play 1v1 against a coach, who would it be?:

He would want to win against Coach Jason.



Age: 17 years old

What school do you go to and in what program?:

He is attending Dawson College in Pure and Applied Science.

What has been your favourite memory or experience in basketball?:

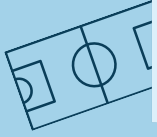
Having the chance to go back to the Philippines and play in front of his family.

What is your favourite thing about being a counsellor?:

He loves just being able to take advantage of the fact that these campers have lots of energy and they can make coaching them a very enjoyable experience.

Do you have any advice for the campers?:

He wants to remind all the campers to just have fun!



Our Week in Pictures

Week 4

70



Week 4 Champions

ECS



Free Throw Winner
Charlotte



Rapid Fire Winners
Adam & Nunhoo



Best Defender
Sienna



Top Rebounder
Sarah



Top Assist
Kai



MIP
Nunho



Week 4 Champions

ECS



Chicken winner & MVP
Jabali



Rapid Fire Winner & Top Assist
Max



Best Defender
Taiyo



Top Rebounder
Amelia



Free Throw Winner & MIP
Leah



Chicken winner & MVP
Owen

Week 4 Champions

ecs



Rapid Fire Winner
Hasani



Top Rebounder
Liam



Best Defender
Noah



Top Scorer
Trey



MIP
Isaiah



MVP
Raphael



Week 4 Champions

ecs



PEEWEE Winners
Coach Jaciah



MINI Winners
Coach Lorenzo



NIT Winners
Coach Kendal



Week 4 Champions

Dawson College



Free Throw Winner
Jacob



Knockout Winner
Shai



Top Defender
DD



Top Rebounder
Arya

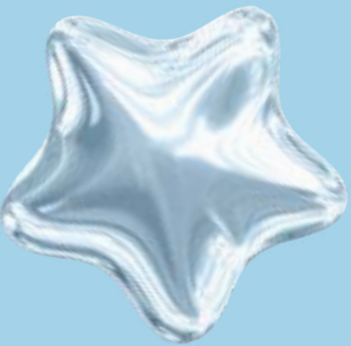
Week 4 Champions Dawson College



Top Assists
Fabio



MVP
Ely



MVP
Shai



NIT Competition Winner
White Team





Week 4 Champions Dawson College



Rapid Fire Winner
Brendan



Free Throw Winner
Amayas



Best Defender
Kanius



Top Rebounder
Jayden



Week 4 Champions Dawson College



Top Assists
Bille



Most Improved Player
Zachary



MVP
Amayas



NCAA Championship Winner
Shirts Team





Week 4 Champions Dawson College



Rapid Fire Winner
Aaron



Free Throw
Essay



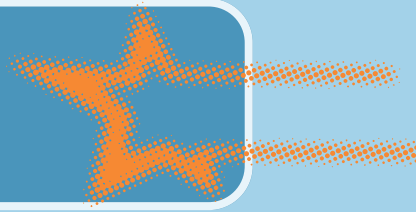
1v1
Leo



Top Defender
Ethan



Week 4 Champions Dawson College



Top Rebounder
Milan



Top Assists
Lucas



NBA Championship Winner
Blue Team



Most Improved Player
Delilah



MVP
Charles



Week 4 Champions

Mount Bruno



Best Shooter
Émile



Best Defender
Kimya



Sportsmanship Award
Élodie



Best Rebounder, Chicken & Agility Winner
Ava



MIP, Chicken & Agility Winner
Antonio



MVP
Camille

Week 4 Champions

Mount Bruno



Best Shooter
Makaia



Sportsmanship Winner
Victoria



Rapid Fire & Free Throw Competition
Knox



Best Passer
Leo



MVP
Charlie

Week 4 Champions

Mount Bruno



Peewee Winning Team
Coach Tommy



NIT Winning Team
Coach Zoe

Week 4 Champions

dorval elementary

peewee



Chicken Winner
James



Free Throw Winner
James



Knockout Winner
James



Sportsmanship Award
Maleah



Most Improved Player
Matteo



MVP
James

Week 4 Champions

dorval elementary

nit



Chicken Winner
Kyrie



Knockout Winner
Kyrie



Free Throw Winner
Kyrie



Sportsmanship
Aayden



Most Improved Player
Aayden



MVP
Kyrie

Week 4 Champions Sunshine Academy



Chicken Winner
Nico



Skills Competition
Elijah



Free Throw Competition
Alijah & Karina



Rapid Fire Competition
Austin



Top Defenders
Damien & Sedeke



Top Rebounder
Hailey

Week 4 Champions Sunshine Academy



Top Assists
Emmanuel



Most Improved Players
Léo & Leopold



Winning Team
Lakers



MVP
Kiril



Camper of the Week
Alijah





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More about us

The Trevor Williams Basketball Academy is a co-ed instructional basketball camp that caters to children aged six through eighteen. We aim to improve the campers' skills, fitness level, team play and sportsmanship. We are committed to providing a safe, fun and educational environment for all.

Camp goes from 9AM to 3PM Monday to Friday, with sessions running from June 23th to August 8th. Health professionals are constantly around for support and guidance for the campers and staff.

Contact us

For further inquiries, information as well as dates, fees and registration, it is easiest to visit our website or contact us via e-mail twkf.com or summercamp@twkf.com



Dawson College

4001 De Maisonneuve St. Westmount H3Z 3G4

Sunshine Academy

65 Sunshine St, Dollard-Des Ormeaux, Quebec H9B 1G9

Dorval Elementary

1750 Carson Ave, Dorval, Quebec H9S 2S4

Miss Edgar's and Miss Cramp's School (ECS)

525 Mount Pleasant, Westmount, QC, H3Y 3H6

Mount Bruno

20 Rue des Peupliers, Saint-Bruno-de-Montarville, QC J3V 2L8

Thank you!