



TREVOR
WILLIAMS **KIDS**
FOUNDATION

TREVOR WILLIAMS
BASKETBALL
ACADEMY

WEEK 3 NEWSLETTER

JULY 11TH - JULY 15TH



TREVOR
WILLIAMS **KIDS**
FOUNDATION

COACHES CORNER

Trevor's Corner



This week we spoke to Trevor about the beginnings of camp. What motivated him to start camp was the fact that there weren't enough opportunities for young Montreal basketball players to improve basketball skills as well as be mentored by coaches. Trevor went to a 5-star basketball camp and observed how they functioned. He brought these techniques back to Montreal and began camp. It originally only had around 11 campers but it has since grown to be the camp we know and love. He believes that a camp like TWBA is important because it could be seen as a safe haven for kids during summer. The camp brings structure to the campers' lives. He says that it is a basketball camp but we are also teaching respect and perseverance. His advice is to try your best and hopefully good things will happen. The quote of the week for the campers is "the harder you work, the easier it gets".



Wayne's Corner

Wayne is working at our LCC location this year. During his morning talk with the campers, he mentioned how the campers should work little by little to improve themselves. He says that the coaches feed the camper's information by the spoon. Each day they are given information and advice they can then continue to work on until they see results. Through drills, they are able to build confidence and improve piece by piece. Wayne says that he's seen a lot of improvement in the behaviour of the campers towards each other. The campers are happy to be together. He explains that this is important because the camp can't function if the kids can't interact socially on an even level. Wayne strives to create a safe space for the kids to be whoever they are and he's seeing that flourish now more than ever. His advice this week for the campers is to come with an open heart, to learn, and meet people.



OUR TEAM

LCCHS



Name: Christian

Age: 14 years old

How long have you been playing basketball: Since the age of 2, he joined the camp at 5 years old. He plays for his school team as a point guard.

Do you have a favourite trick?: His favourite trick on the court is doing a crossover, passing the ball between his legs, doing a spin move and then going around the opponent.

Role Model?: His dad, who also plays basketball and has shown him how to play.



Name: Omar

Age: 12 years old

How long have you been playing basketball?: He plays basketball but he started playing seriously this week at camp!

What are you looking forward to this week?: He wants to work on basketball in general.

Favourite trick? Passing the ball between the legs. He told us that he wanted to learn how to do this so he asked Trevor and he taught him how!



Name: Lukas

Age: 14 years old

How long have you been playing basketball: He's been playing for around a year, mostly with friends. He wants to take it more seriously now because he wants to play with a team as a point guard.

Favourite thing about camp?: Stations and playing games.

Do you have a plan for your future in basketball?: He wants to continue playing basketball but is unsure of the level.

Role model?: Scottie Barnes



Name: Daniel

Age: 17 years old

School: He will be attending Dawson College in the General Social Science program.

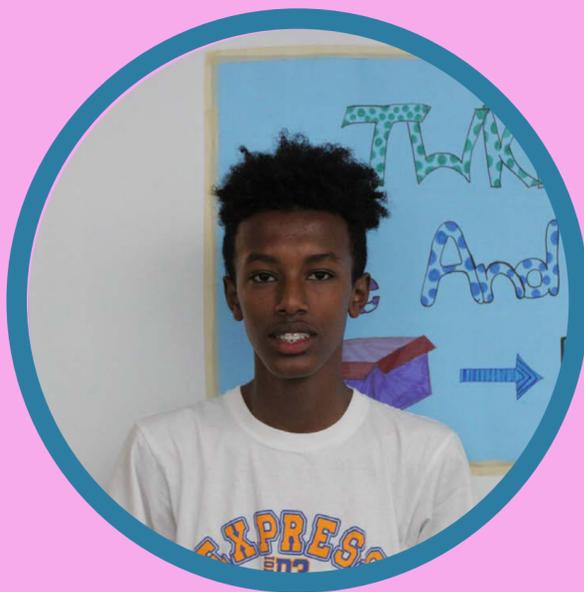
Basketball career: He has been playing basketball for 2-3 years.

What is your favourite thing about being a counsellor?: Helping the kids grow. He was more self-taught as his family didn't play the sport, so being able to provide the campers with guidance is very important.

Advice: It's all mental. You can get as good as it gets technically and physically but confidence and mental strength are very important to being a good player.

OUR TEAM

LCC



Name: Essey

Age: 14 years old

How long have you been playing basketball: He's been playing for 2 years and this is his third time coming to camp. He continues to return because it's a fun way to improve his game. He now plays for his school team as a power forward or center. At camp, he plays as a point guard.

What are you looking forward to this week? He wants to improve his shot and his game.



Name: Julianne

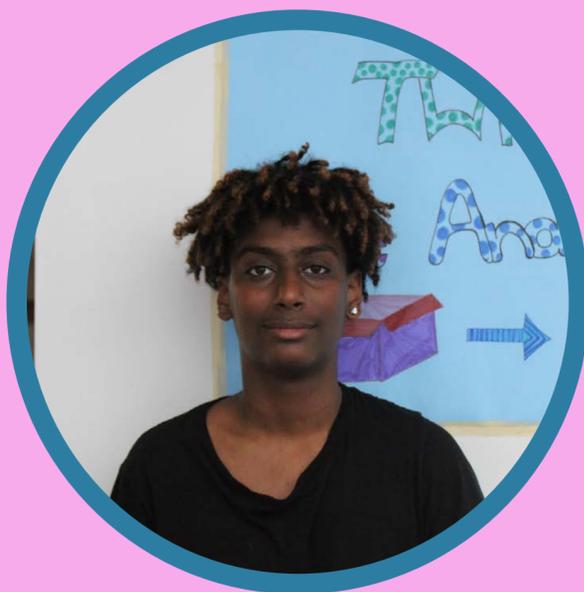
Age: 14 years old

How long have you been playing basketball?: She has been playing since 4th grade for fun but started playing seriously last year. She wants to play for her school team but unfortunately, her school doesn't have the capacity for it.

Favourite position: She enjoys playing defence.

What are you looking forward to this week?: Improving everything. She wants to see improvement by the end of the summer.

Other sports? Taekwondo, she practices often and has been doing it for around a year.



Name: Amelon

Age: 14 years old

How long have you been playing basketball/going to camp: He's been playing for around 3 years and this is his second year at camp. He plays with his friends and his school team as a shooting guard/center. Still, he feels most comfortable being a small forward.

What are you looking forward to this week?: He's looking forward to improving his jump shot, handles and right hand.

What is your favourite thing about camp?: The fact that they are able to have fun but also be serious about basketball.



Name: Chevonne

Age: 26 years old

School: William Mary College in Virginia

Basketball career: He has been playing for 5-6 years. This is his second year as a counsellor.

Favourite memory or experience in basketball?: Winning a 3-on-3 basketball tournament in the spring or any game of pickup.

Favourite thing about being a counsellor?: The kids, who can sometimes make the day a little longer, but also shorter.

Advice for campers?: Put the time in and tire yourself out every day.

OUR TEAM

ECS



Name: Sam

Age: 9 years old

How long have you been playing basketball: He started playing 2-3 years ago with his dad for fun, but he's since taken some lessons and now he's attending camp.

What are you looking forward to this week?: Playing matches and improving his dribbling



Name: Modris

Age: 10 years old

How long have you been playing basketball: She has been playing since 7, mostly with friends.

Favourite position? She enjoys defence.

What are you looking forward to at camp? Playing matches and winning those matches. As well, she's looking to improve her left-handed dribbling,

Do you have a plan for your future in Basketball?: She wants to go to the NBA in the future!



Name: Jones

Age: 13 years old

How long have you been playing basketball?: He's been playing for around 7 years and he plays on his school team as a shooting guard.

Favourite Drill? Ball handling.

What have you learned in basketball that you can use in your life? Teamwork.

If you had to play 1v1 with a coach, who would it be? Coach Zach.



Name: Yuyu

Age: 19 years old

School: In the fall she will be attending McGill University in the Economics program.

How long have you been playing basketball?: She has been playing since fifth or sixth grade.

What is the difference between being a camper and a counsellor?

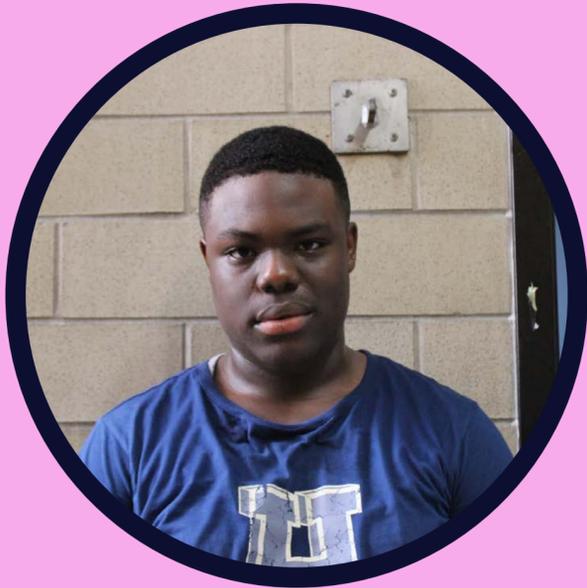
Mindset. When she was a camper what she thought about mostly was winning and making friends. As a counsellor, she sees basketball as more emotional and mental than physical.

How did you get involved?: She became a camper in high school because her coach had recommended the camp to her. She then attended for 3 years and is now a counsellor!

Advice for campers?: Be direct and quick with your on-the-court decisions in basketball. Don't hesitate!

OUR TEAM

Westmount High School



Name: Micah

Age: 16 years old

How long have you been playing basketball: He's been playing since the age of 7 and attended the camp while it was still at Dawson College.

Favourite position: He enjoys playing Center.

What are you looking forward to this week?: Making his layups.

Future basketball plans?: He would like to continue playing and be on a school team.



Name: Harmony

Age: 13 years old

How long have you been playing basketball: She started playing for fun at 7, but she took it more seriously and played on her school team last year.

Why did you choose this camp? She explains that it is the number 1 basketball camp in Montreal and her uncle attended the camp and recommended it to her.

Favourite thing about camp?: The games and awards

Role model?: Her Mom



Name: Tasai

Age: 13 years old

Basketball career: He has been coming to camp since the age of 7. He started playing before this but was not serious about it. This upcoming year he will be playing for his school team as a shooting guard.

Why do you continue to return to camp? Because it's fun and he can work hard with his friends.

What have you learned in basketball that can help in life?: To always work hard and be dedicated to everything.



Name: Louis

Age: 17 years old

School: He will be studying at Dawson College in Computer science

Sports career: He has been playing basketball since he was 7.

Favourite memory: Getting scouted and recognized by colleges in his last year of High School. It showed him that his hard work paid off.

Favourite thing about being a counsellor? Giving back to the community. He explains that many coaches helped him get to where he is now and he has the opportunity to do that for the campers.

Advice for campers: Work hard because it won't be easy, but the harder you work the farther you'll go.

WEEK 3 CHAMPIONS ECS



PEEWEE



Sportsmanship: Elliot



MVP: Galaxy



Winning Team Coached by
Matthew



Best Defender: Mikela



Most Improved: Bella

NCAA



Sportsmanship: Asher



MVP: JP



Best Defender: Lilya



Winning Team Coached by
Tristan and KJ



Most Improved: Xavier

OFF THE COURT PROGRAMS

COLLABORATION WITH THE YMCA



Meet Angel (13), Fernando (15) and José (15), they are all from Venezuela and currently attend camp. They have all been playing for around 4 years and they explain that they enjoy everything about the camp, especially the staff. Angel started playing basketball because of his brother who also plays. Fernando and José started playing because their mom recommended it to them. They were recommended to the camp by the YMCA and are currently really enjoying their time at TWBA. They explained that they enjoy Montreal and exploring places in the city, like the Old Port, but do miss their friends and family in Venezuela. All-in-all, they seem very enthusiastic about camp as they are constantly seen playing on the court!



GIVE-AND-GO

Now that the give-and-go initiative is officially underway, the newsletter is going to highlight some of the organizations that campers' donations will be supporting. The off-the-court program decided that the donations from each camp location would be delivered to a different local organization. This week, we spoke to our give-and-go coordinators about the organization that our ECS location is supporting; Resilience Montreal. Resilience Montreal is a shelter that offers support to the Montreal community by supplying clothing, food, hygienic products, etc., to anyone in need. One of the give-and-go coordinators, Kaleesia, explains that this organization was started by the Native Women's Shelter of Montreal in collaboration with the Nazareth community, meaning Resilience Montreal is reaching many people in need. We encourage our campers at ECS to continue donating so that we can offer as much support to this amazing organization as possible.



OUR WEEK IN PICTURES



Game section



Name: _____

Date: _____

Basketball Word Search

Complete the activity.



J N Q V G S C Q D C D Z J K G T J
R E B O U N D R X U R R R K C I D
Z O V I R E D E Y W I Q K L F L I
R U E E N J L Q M P B H O O B G B
A F C D R S N Q A L B C O K W L F
Y R E C T U L E G Q L C Q P O Q M
Z E X L T H R D Y E E Z Y R U V G
L E N O B M E H U M X T L U R C O
U T A D O U B L E D R I B B L E A
F H I B J E C T E A V N V J A G L
K R R B H U W M V C L N H D L R T
O O B I Z S M E A A K Q B B L H E
A W A B E Y L P Y I Q B O X E R N
V D L A H L L U B Y T V O N Y Q D
V G L T I X P C L A K O M F O N I
K O L N O G O B H R L S W L O Q N
S H G E V O X Y R N N L V G P L G

Free throw
Airball
Lay-up
Rebound

Double dribble
Goal tending
Jump ball

Travelling
Alley oop
Dribble



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Trevor Williams Kids Foundation



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Twitter

@TWKF_MTL



MORE ABOUT US

The Trevor Williams Basketball Academy is a co-ed instructional basketball camp that caters to children aged six through eighteen. We aim to improve the campers' skills, fitness level, team play and sportsmanship. We are committed to providing a safe, fun and educational environment for all.

Camp goes from 9AM to 4PM Monday to Friday, with sessions running from June 25th to August 10th. Health professionals are constantly around for support and guidance for the campers and staff.

CONTACT US

For further inquiries, information as well as dates, fees and registration, it is easiest to visit our website or contact us via e-mail twkf.com or info@twkf.com

You can also reach us by phone at 514-241-7353.



Lower Canada College (LCC)

4090 Royal Avenue, Montreal, Quebec, H4A 2M5

Lasalle Community Comprehensive High School

240-9th Avenue., Lasalle, QC, H8P 2N9

Westmount High School

4350 Saint-Catherine O., Westmount, QC, H3Z 1R1

Miss Edgar's and Miss Cramp's School (ECS)

525 Mount Pleasant, Westmount, QC, H3Y 3H6

THANK YOU TO OUR SPONSORS!



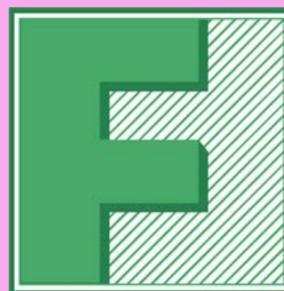
Jumpstart
Bon départ



Desjardins



Montreal Canadiens
Children's Foundation



FUTURE
ELECTRONICS



BÂTON
ROUGE

STEAKHOUSE & BAR

GILDAN



CIBC
Children's
Foundation



Desserts



REBOX

Allan Levitt
Family Foundation



The
Hylcan
Foundation