





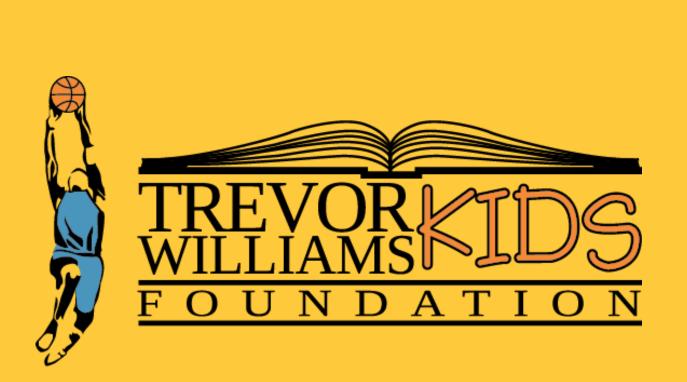
TREVOR WILLIAMS

BASKETBALL

A C A D E M Y

WEEK 1 NEWSLETTER

June 27TH - July 1ST





COACHES CORNER

On our first week back, we got the opportunity to speak with Trevor Williams, who is currently the Head Coach at our LCCHS location, and Rodney, who is the Head Coach of our Elite camp at Westmount High School.

TREVOR'S CORNER

This summer Trevor looks forward to everybody being healthy after having the last 2 years of camp spent during COVID. He wants to have a peaceful and enjoyable summer. At TWBA, he wants campers to become well-rounded people. The goal of the camp is to teach life skills through, and alongside, basketball; he wants campers to gain respect and a good attitude, on top of basketball skills. This year he wants the counsellors to take lead and give direction to the campers. Trevor thinks that camp offers the rare opportunity for counsellors to learn more about themselves, campers and other coaches, and be able to improve themselves based on what they've learned from others.



RODNey'S CORNER



Rodney is one of the Head Coaches at our Westmount High School location. This location is our "Elite" site, made mostly for the older and more advanced campers. This summer he is looking forward to helping kids improve their skills while still having a fun summer. This location is designed for kids who still need instruction, and will benefit from the elite instruction the coaches can offer. He mentions that you don't have to be a star to attend camp but you have to be willing to work hard and get better. His advice for the campers is to show up and to have a good attitude. Furthermore, Rodney started TWBA's new Giveand-Go initiative. The name is based on a basketball play, in which you pass the ball to your teammate and run, and hopefully that ball will, at some point throughout the game, come back to you. His hope was to create an environment that encourages giving, making it a regular part of life. Through this, giving will become more normalized in the campers' lives and one day the good karma will hopefully come back to them.

OUR TEAM LCCHS



Name: Henry Age: 12 years old

How long have you been playing basketball: He started playing

around 2 years ago in front of his house.

What is your favourite position to play on the court: He prefers

playing pointguard.

What are you looking forward to this week?: He's looking forward to working on his dribbling.

What have you learned in basketball that you can use in your future:

Discipline.
Name: Lucas

Age: 13 years old

How long have you been playing basketball: He started playing basketball around when the Raptors won the championship.

What is your favourite position on the court: Pointguard or shooting guard because he enjoys handling the ball.

What is your favourite thing about camp?: The games and learning from the coaches.

Role model?: He says that his brother, who also plays basketball, is his role model.



How long have you been playing basketball: He started with playing streetball. Now, he has been playing basketball for 2 years.

What are you looking forward to this week?: Learning how to properly play a 5v5 game.

Do you have a plan to play basketball future?: He does see playing basketball in his future, like playing on his school team.

Role model?: Jack Campbell, the Goalie for the Toronto Maple Leafs.

Name: Salina Age: 16 years old

School: She will be attending Dawson College in the commerce

program this upcoming school year.

Basketball career: She started playing in house league for 3 years, when she was around 8 years old. She is currently playing with the Bluehounds!

What has been your favourite memory or experience in basketball?: She explained that her favourite experience is the TWBA camp. She started about 3 years ago and it was different to the other camps she had gone to. At TWBA you learn the fundamentals, do conditioning and play games, which most camps don't do.











OUR TEAM

Age: 12

How long have you been playing basketball: Brandon has been playing basketball for around 2 years, mainly with his friends.

What are you looking forward to this week?: He wants to work on his dribbling and layups this week.

Future Basketball plans?: He plans to continue to play basketball and he says that he could possibly see the NBA in his future.

Role model?: This season he really looks up to Steph Curry



Name: Duwayne Age: 15 years old

How long have you been playing basketball: he started playing the sport with his friends and has continued playing for 2 or 3 years.

Are you part of a school team or do you play basketball outside of

TWBA?: He currently plays on his school team as either a power forward or center.

What are you looking forward to this week?: This week Duwayne looks forward to improving his play-making and shooting.

What is your favourite thing about camp?: Making friends and learning from the counsellors.



Name: Xavier Age: 7 years old

How long have you been playing basketball: He began playing

basketball 2 years ago, then played for a school team.

What are you looking forward to this week?: He says that this week he is having fun with the counsellors.

Do you have a favourite trick or drill?: His favourite trick is dribbling between the legs.

What have you learned at camp?: This week Xavier learned how to do a layup.



Name: Stelio

Age: 17

School: Dawson College in the Graphic Design program

Basketball career: He started playing 8 years ago and now he is

playing with the Bluehounds Elite team.

Favourite memory or experience in basketball?: All traveling opportunities. He explains that every trip is unique and builds camaraderie within the team.

Advice for campers?: Stay consistent and listen to others. Most athletes who offer their advice will be more experienced than you so you shouldn't reject it. The more you take in, the more you will grow.

OUR TEAM

Westmount High School



Age: 15

Basketball career: He has been playing since he was 10, and during the winter he plays for his school team. Additionally, last winter he played for Sunyouth. This winter he will play with Red Rush.

Position on the court: Point guard or Shooting guard.

What is he looking forward to improving at camp: Improving his

fitness to be in better shape for the winter season.

Future plans: Hopefully, playing in the NBA.

Role model: Lebron James

Name: Keon

Age: 15

How long have you been playing basketball/going to camp: He is a returning camper who originally attended TWBA at Dawson, and has been playing basketball since he was six.

Position on the court: His favourite position to play is shooting guard, which is what he plays for his school team.

Favourite thing about camp?: Attending camp allows him to improve his game.

Name: Theodore Age: 14 years old

How long have you been playing basketball?: Theodore has been playing since he was 11 years old, and previously attended camp at Dawson.

What are you looking forward to this week?: This week, he is working on becoming more fit and improving his basketball game in general.

Favourite thing about camp?: Theodore explains that meeting, and playing against, other athletes that may be more advanced in their abilities helps improve his game.

Name: Ginuwine

Age: 19

Basketball career: Ginuwine has been playing basketball since the sixth grade, and now plays for Trevor and the Bluehounds during the summer.

Favourite basketball memory: Winning the 2019 provincials, and going to the United States for the first time. He notably remembers the trip he took to LA.

Future plans with basketball?: He says he wants to reach at least the D1 level in the NCAA. If possible, he wants to go to the NBA.

Advice for young basketball players: Never give up







WEEK 1 CHAMPIONS

Westmount High School NIT NCAA NBA



Winning Team
Coached by Ronaldo



Winning Team Coached by KJ



Winning Team
Coached by Louis



Most Improved: Leslie



Most Improved: Diva



Most Improved: Mel



MVP: Emmanuel



MVP: Kay-Kay



MVP: Mandy



Sportmanship: Mason



Best Defender: David



Best Defender: Demi

OFF THE COURT PROGRAMS

GIVe-and-Go





Give-and-Go was started by the head coach at the Elite Location, Rodney, and is being implemented by the offthe-court program. The goal of this initiative is, as the name says, to give. Giving people the same opportunities as the campers may have. Everyone deserves to have access to things such as clothes, school supplies, food, etc. This program will ensure that the campers are helping the community and the people around them. This summer they will be collecting non-perishable food items, hygiene products, clothes, etc. with boxes at every location. During the week they will collect these products and bring them to the chosen shelters/organizations. They tell us that this program is important because it can teach compassion, and how to give back. While the campers do live in the community, it is important to interact and help the people in it. Additionally, it helps sharpen their social skills, helping to engage with others.

Volunteering

This is Marley! Marley has been a volunteer with TWKF for around 2 years. Before volunteering, she was a camper and explains that the camp helped her stay fit and the counsellors helped improve her game. She started volunteering as a way to keep busy, but has since really enjoyed her time getting to know the coaches and staff. Marley plays for the TWKF Bluehounds and practices on the weekends with Trevor. As well, she plays for her school team with one of the camp's Head Coaches, Dean Smith. At the camp, she works with the "Off the Court" program, she helps make and administer educational games, as well as, helping with the "Give-and-Go" initiative this summer.





OUR WEEK IN PICTURES

















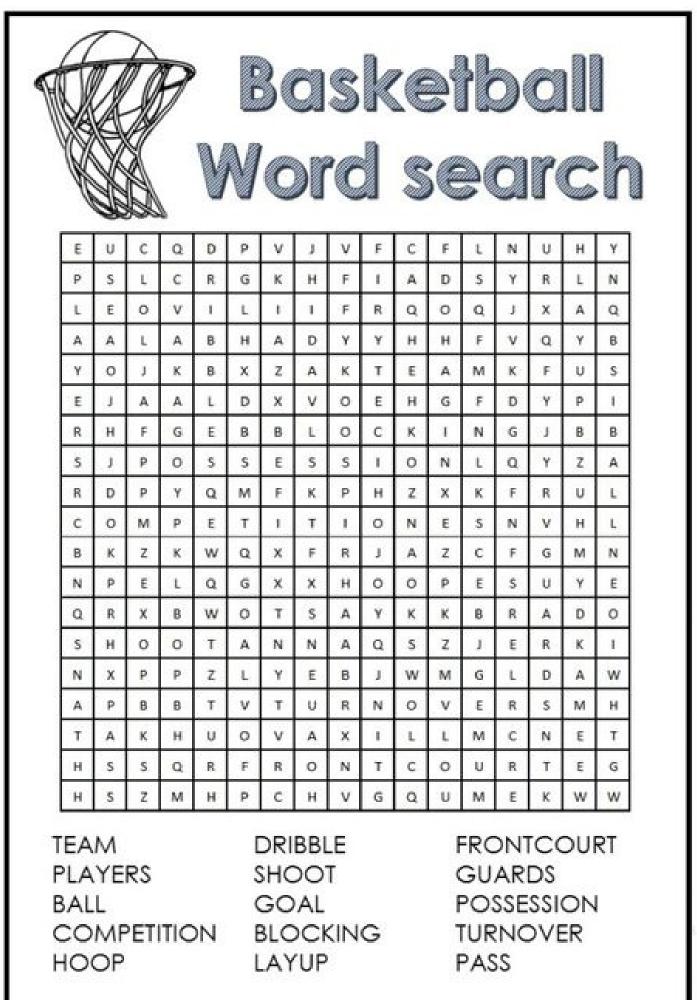






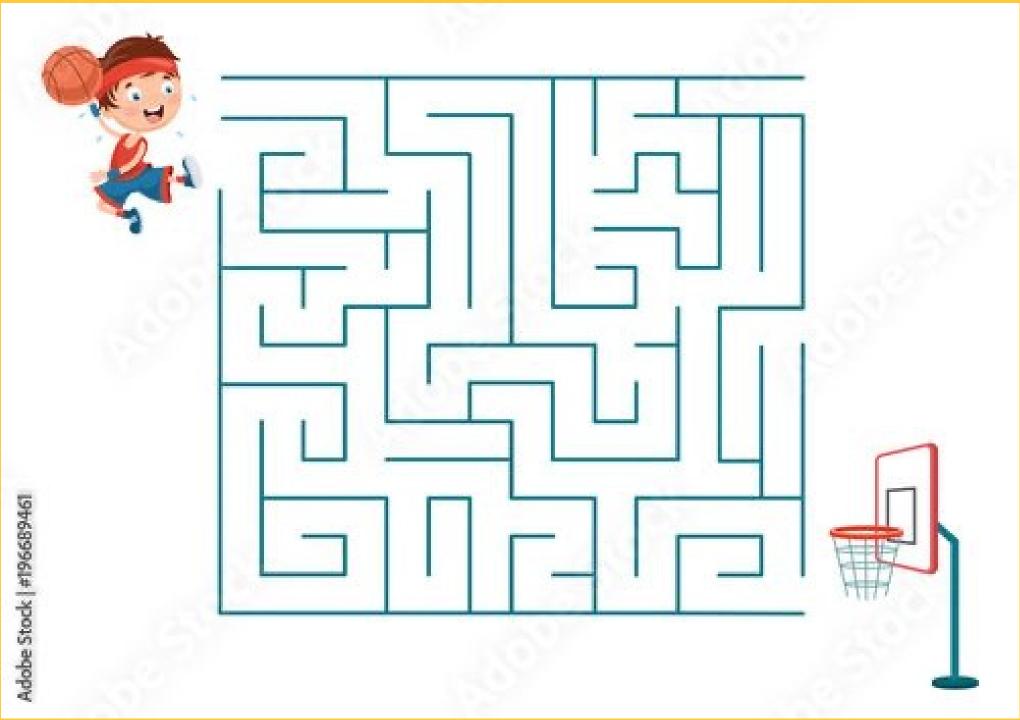


game section



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MORE ABOUT US

The Trevor Williams Basketball Academy is a co-ed instructional basketball camp that caters to children aged six through eighteen. We aim to improve the campers' skills, fitness level, team play and sportsmanship. We are committed to providing a safe, fun and educational environment for all.

Camp goes from 9AM to 4PM Monday to Friday, with sessions running from June 25th to August 10th. Health professionals are constantly around for support and guidance for the campers and staff.

CONTACT US

For further inquiries, information as well as dates, fees and registration, it is easiest to visit our website or contact us via e-mail twkf.com or info@twkf.com You can also reach us by phone at 514-241-7353.

Lower Canada College (LCC)

4090 Royal Avenue, Montreal, Quebec, H4A 2M5

Westmount High School 4350 Saint-Catherine O., Westmount, QC, H3Z 1R1 **Lasalle Community Comprehensive High School** 240-9th Avenue., Lasalle, QC, H8P 2N9

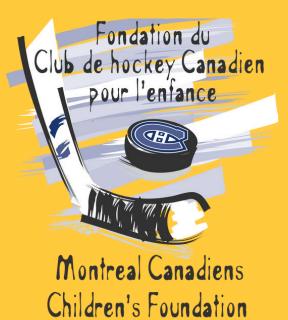
Miss Edgar's and Miss Cramp's School (ECS) 525 Mount Pleasant, Westmount, QC, H3Y 3H6

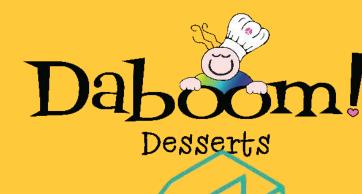
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