A DAY AT THE CAMP

Camp Start
 9:00
 Warm up & Stretching
 9:00 - 9:15
 Stations
 9:15 - 10:30

(Agility, Strength, Cardio, Shooting, Defense, Dribbiling, Passing)

Games
 10:30 - 12:00
 Lunch
 12:00 - 1:00
 Guests & Game History
 1:00 - 1:15
 Competitions
 1:15 - 1:30
 Video & Audio Activity
 1:30 - 2:00



2:00 - 4:00

THINGS TO BRING TO CAMP

- A Lock
- Two Pairs of Socks

Game Time - Camp End •

- A Lunch, refillable water bottle, snacks
- A burning desire to be a better basketball player!

"Each one, teach one"





Trevor Williams

- Canada's Olympic Basketball Team '92 '93
- NCAA Basketball Scholarship
- CEGEP Provincial Championships 2002, 2009, 2010, 2012
- CSCA National Coach of the Year

Wayne Yearwood

- Professional basketball player Switzerland, Israel, Germany
- Canada's Olympic basketball team
- Provincial and National Champs 2007

Dean Smith

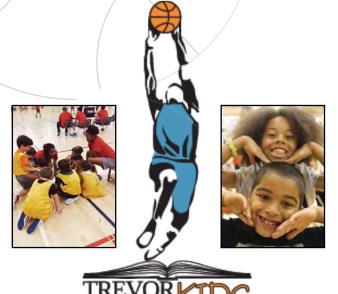
- Coach ECS Juvenile Girls
- Dawson Community Bantam girls
- Program Instructor: St. Georges, YMCA, LCC, The Study, Roslyn

Bluehounds: Competitive travelling teams to Canadian CIS and NCAA sanctioned tournaments.

TREVOR WILLIAMS

TWBA

BASKETBALL ACADEMY



www.twkf.com

Fundamental Instructional Basketball For Boys and Girls 6-18 years of age *ELITE 13-18 years

Contact:

Office Cell - 514.241.7353

Trevor - 514.932.4340

Dean - 514.266.9200

Location:

Dawson College

4001 de Maisonneuve W, Montreal, H3Z 3G4

**James Lyng High School - ELITE 5440 rue Notre Dame W., Montreal, H4C 1T9

PAYMENT

Early Bird Special *If you register before May 7, 2018*

1st child - \$200.00 Additional child - \$185.00

Cost 1st child - \$215.00 Additional child - \$195.00

INDIVIDUAL TRAINING SESSIONS

For Boys and Girls,13 to 19 years of age 3 days per week (Tuesday, Wednesday, Thursday) 7:30-8:30 AM or 4:30-5:30 PM \$60 for 3 days (\$20/day) Campers \$120 for 3 days (\$40/day) Non-Campers



Trevor Williams Vs. Magic Johnson

CAMP DATES 2018

1. June 25 th , to July 29 th	
2. July 2 nd , to July 6 th	
3. July 9 th , to July 13 th	
4. July 16 th , to July 20 th	
5. July 23 rd , to July 27 th	
6. July 30 th , to August 3 rd	
7. August 6 th , to August 10 th	

SKILL DEVELOPMENT

- Offensive Basketball Defensive Basketball
 - Passing Dribbling Position Play
 - Individual Intensified Play
 - Fitness Nutrition •



The TWKF sponsors approximately 60 under privileged kids a week to come to camp. Help us keep these kids off the streets.

Camp Visitors:

- Steve Nash Los Angeles Lakers (NBA) , Golden State Warriors
- Joel Anthony Detroit Pistols (NBA) , Miami Heat (NBA), San Antonio Spurs (NBA)
- Jay Triano Portland Trail Blazers (NBA) , Team Canada Coach
- Montreal Alouettes Football Players

Academy Graduates:

- Kris Joseph Syracuse University
- Khem Birch University of Pittsburgh
- Lizanne Murphy Hofstra University/Team Canada Sr.
- Ryan Rosnaki Assumption University/ Team Canada Jr.
- Kyle Desmarais McGill University Coach, Bishops University
- Sophie Beaudry Boston University/ Team Canada Jr.
- Sarah St Fort University of Toledo

Get in the game!

REGISTRATION

Please fill out the form and return it to us or register online at www.twkf.com. For more information please call:

514.241.7353 514.932.4340 514.266.9200

Family name:
Given name:
Sex:
Date of birth:
<u>Cell Phone</u> :
School:
Home telephone:
Medicare Number:
• • • • • •
Name of parent:
Address:
City:
Postal code:
Parent email:
Parent phone number:
Method of payment: Cheque ☐ Cash ☐
Amount paid:_\$
Yes, I want to sponsor a child: \$
I allow my child to be in pictures: Yes No
Make checks payable to: Trevor Williams Basketball Academy or TWBA 4444 Ste. Catherine St. West

Westmount, Quebec

H3Z 1R2